

WESTFORD COUNCIL ON AGING NEWSLETTER JANUARY-FEBRUARY 2021

INCLEMENT WEATHER POLICY Please remember that the Cameron follows the same inclement weather procedures as Town Hall. To find updated inclement weather information please go to <https://westfordma.gov> or simply call the center at 978-692-5523 after 6:30AM to receive current information on delay/closure.

20 Pleasant St., Westford, MA 978 - 692 - 5523 www.westfordma.gov/coa
<https://www.facebook.com/CameronSeniorCenter/>

Due to current COVID-19 precautions, Cameron programs may be changed, postponed or cancelled at any time. If changes do occur you will be notified as soon as possible by your COA staff. It's always challenging to schedule events for January and February, given the uncertainty of our New England winters. This year, the challenge is compounded by the COVID-19 pandemic. We are hoping for the best, but strongly encourage you to make your attendance decisions based on current public health guidelines. Thanks for your understanding! We can't wait to be back to normal!

TAKE OUT BIRTHDAY LUNCH CELEBRATIONS

Tuesday, January 26th, 12:00 at the 99 in Westford to-go only

Tuesday, February 23rd, 12:00 at Karma in Westford to-go only

Birthday celebrants will get a \$15 gift card towards their meal and others who sign up in advance will get a \$5.00 gift card towards lunch. Must sign up at 978-692-5523 as gift cards are limited.



GRAB AND GO SWEETHEART LUNCHEON

Wednesday, February 10 Burtons Grill (1 Cornerstone Square, Westford, MA 01886) 11:30

All are invited! This is a grab and go luncheon

Menu Choices:

Fried Haddock sandwich and/side

Mediterranean Chicken Risotto

Max Burger w/homemade pickles and side

Harvest Bowl – Vegetarian & GF Option and can be made vegan friendly upon request

(Brown rice & quinoa blend, julienned vegetables, roasted brussels sprouts, sweet potato, beets, goat cheese, dried cranberries, candied walnuts, maple dijonaise vinaigrette)

Cost: Friends Members-\$8 and Non-Friends-\$15 Includes non-alcoholic beverages and a slice of cheesecake. Sign up at 978-692-5523 and please give your meal choice at registration. Sponsored by Friends of the Cameron Senior Center, Council on Aging Board, RiverCourt Residences and Westford Rotary Club



BOOK CLUB: TUESDAY, JANUARY 19 AND FEBRUARY 16 AT 1:00 —JOIN US FROM THE COMFORT OF YOUR HOME!

The pandemic has led us to be creative with offering book club—from parking lot meetings, to indoors spaced 6 feet apart, to virtual online. January and February will be offered virtually to enhance your safety. Call Annette and she will send you the invite to join. January's read will be *Saturday Evening Girls Club* by Jane Healey and February will be *Night of Rain & Stars* by Maeve Binchy. I will order books through the town library and can deliver them to your home. Other ways to obtain books are through Barnes & Noble, Amazon or online at Merrimack Valley Library Consortium "Overdrive". <https://mvlc.overdrive.com> The Overdrive website also has an app called Libby to search and take out books on your Ipad, phone, kindle. Hoopla is another online option. Happy Reading! Annette 978-399-2326.



THE ELDER SERVICES OF MERRIMACK VALLEY TRAVELING CHEF GRAB AND GO LUNCH AND A SHOW!

Grab and Go Theme of the meal is slow cooking and the meal can be picked up at 12:00pm on Thursday, January 21 at the Cameron Senior Center. The meal is Bean & Beef Chili or Vegetarian Option available upon request, corn Bread, garden salad, and chocolate mousse. At 1pm on the Westford CAT, please enjoy watching Cooking with Annette and Bob where they will be preparing Chili and Corn bread. This is a free event sponsored by ESMV but sign ups are required. Please call 978-692-5523.



Directors Report ...

Dear Cameron Friends,

I want to let you know all your favorite COA staff members are anxiously waiting for your arrival through our Cameron doors in 2021. Although, we wish the January/February programs, classes and event schedule could be more robust, we do hope you will find some enjoyment in our modified programming during this time. We are excited to be able to connect with you all and one another virtually. We hope to see you in our creative "To Go" offerings such as our Sweetheart Luncheon and our first Combo Chili Lunch and Cooking Show featuring Annette Cerullo and Robert Rafferty. These promise to be fun times!

With the start of this new year and perhaps some time to reflect before we are back together, please reach out to me and/or the staff to share any suggestions you may have for new programs, classes, events services and other desired opportunities. My phone number is 978-399-2323 and email address jclaro@westfordma.gov

Our staff, COA and Friends Board want 2021 to be an incredible year together,



Jennifer

SHINE Counseling was over the top thanks to Fred Baumert

Our SHINE counselor, Fred Baumert was extremely busy during the Medicare Open Enrollment period from October through early December helping over 100 residents. We would like to express our continued appreciation to Fred for helping so many people navigate through the "Medicare Maze". If you have any questions about your Medicare plan/benefits, please call our center and we will be glad to set up a SHINE appointment for you.

Thank you to our Friends of the Cameron

On behalf of our Cameron Center, we would like to thank the Friends of the Cameron for their creativity and dedication in fundraising for our center during these challenging times. Thank you for your efforts with the Holiday Gift Card Sale, Under the Tent Winter Coat Sale and most recently, the First Annual Silent Auction. Your personal investment of time and care for our older adult community is strong and admirable. We appreciate you!

Cameron approved to be a SNAP site for town residents

SNAP provides a monthly benefit to buy nutritious foods. The average household benefit for 2 is \$215 per month. To receive a SNAP benefit you must meet income guidelines. A household of 1 gross income limit is \$25,520 and a household of 2 is \$34,480. If you would like to see if you qualify please contact Annette or Alison by calling 978-692-5523.

We are excited to be participating in a pilot program with the Massachusetts Council on Aging, UMASS, Department of Transitional Assistance, and USDA-SNAP. This partnership will enhance our social service team in providing quick and easier access to this food assistance program. Expected benefits of this community SNAP include:

- Provide SNAP Eligibility Screening
- Access on-line SNAP applications and submit timely
- Have direct contact with SNAP case managers
- Provide bi-lingual outreach and materials to residents interested in SNAP program as well as others
- Assist SNAP participants with Recertifications and Interim Reports and electronically file

For more information please contact Alison Christopher, Town Social Worker at 978-692-2325 and/or Annette Cerullo, Outreach Coordinator at 978-692-2326.

HAPPY BIRTHDAY TO THOSE BORN IN 1961!

One of the many benefits of turning 60 is that you can now access the many programs and services provided by the Cameron Senior Center. We hope you enjoy this complimentary newsletter and follow us on Facebook and/or our town website at www.westfordma.gov/coa We are here for you!

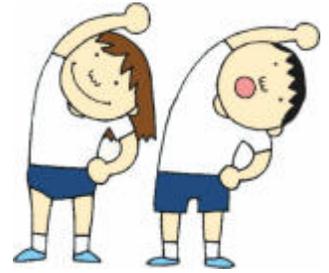


A BIG thank you to our friends at Westford Cable Access Television (W-CAT) for keeping us connected! All programs air on Comcast Channel 8 and Verizon Channel 35.

Any program on Westford CAT will also be posted on our Website and our Facebook Page.

Fitness Classes with Carol Wing will air as follows:

Monday - Yoga 9am, Tuesday - Chair 9am, Wednesday - Dance Fitness 9am,
Thursday - Chair 9am, Friday - Dance Fitness 9am



ZOOM DANCE FITNESS CLASS WITH CAROL WING

Now you can enjoy class held each **Wednesday at 8:15am online starting Wednesday, January 6** . To sign up call 978-692-5523 with your email address to get the Zoom link for this 8 week session.



ZOOM CHAIR MOVEMENT CLASS WITH CAROL WING

Now you can enjoy class held each **Tuesday at 1:30pm online starting Tuesday, January 5**. To sign up call 978-692-5523 with an email address to get the Zoom link for this 8 week session.

WELL-BEING ZOOM GROUP CONDITIONING

Tuesdays & Thursdays at 10am

8 weeks starting Thursday, January 7th Cost \$50.00

A full body conditioning class focusing on core stability, including elements of pliability, strength training, plyometrics, and cardiovascular fitness. Tap into the host of health benefits from a full-body workout around a cardio format while increasing strength and stamina. Burn, strengthen, and engage! Class size is limited. Please call to sign up with your email address at 978-692-5523 to receive the ZOOM link. ***This class is being subsidized by Elder Services of Merrimack Valley and Friends of the Cameron Senior Center**

THRIVE HEALTH & WELLNESS

7 Week Nutrition Program starts online on Wednesday, January 13 from 10:00am to 11:30

Nutritionist Susanne Duato welcomes you to discover the powerful effect of food on your body, mind and spirit. Learn how to lose weight, gain energy, prevent illness and promote healing of common chronic diseases. This program will educate and empower you to make healthier choices in a flexible and fun way. Cost is \$50 per participant. This is a great value, as the list price for the program is \$200. Sign up at 978-692-5523 by Friday January 8, 2021 and give us your email address.

COFFEE WITH KATIE

Tuesdays at 9am via Zoom

During this pandemic, one of the worst things is the isolation we are all feeling. Join Katie for some virtual social time. Everyone is welcome so grab your coffee join us online. Call call Katie at 978-399-2330 with your email address and she'll send you the link.



MONTHLY VIRTUAL BINGO

Monday, January 11 at 1pm and Monday, February 8 at 1pm

Join Bob and Katie for BINGO online for fun prizes.

For questions call Katie at 978-399-2330. To sign up call 978-692-5523.



SOCIAL SERVICES AND OUTREACH NEWS

COVID-19 RELATED HOUSING SUPPORTS AND RESOURCES

MENTAL HEALTH SUPPORT OPTIONS

The pandemic has been a stressful and isolating time for many seniors. If you feel that you need professional counseling services to help you cope during this challenging time, talk with your Primary Care MD about a referral, call Alison at 978-399-2325 for assistance accessing therapy options, or call William James Interface free therapy referral service at 888-244-6843. Most therapists are meeting with clients virtually. If you are having a mental health emergency, call 911 for immediate assistance.

WESTFORD COVID –19 RELIEF FUND

The goal of the Covid-19 Relief Fund is to provide financial assistance to Westford residents who have experienced financial hardship related to the Covid-19 pandemic. This may be as a result of job loss, decreased working hours and income, or increase in expenses. The assistance that the Fund provides is available as a result of donations from members of the community and is administered through the Westford Council on Aging. Awards are based upon level of demonstrated need and the available balance in the fund at time of application. If you'd like to apply, contact Alison at 978-399-23235. If you'd like to donate, you can do so on the Westford COA website or by check to Cameron Senior Center and note Covid-19 Relief in the Memo line.

LIHEAP

Fuel Assistance- Are your heating bills getting expensive this winter? If so, there is still time to apply for LIHEAP-the Low-Income Home Energy Assistance Program. If you are interested in learning about the program, call Alison or Annette. If you want to apply, call Community Teamwork at 978-459-6161 to schedule a application appointment by phone.

A NEW RENT ASSISTANCE PROGRAM FOR WESTFORD

Applications are being accepted now for WRAP. WRAP is the Westford Rental Assistance Program. It is a 3-year rental assistance program, scheduled to start after April 1, 2021. The goal of the program is to assist **5 households** who are renting or plan to rent qualifying housing units in **Westford**. Qualifying households must be at or below 50% of the Area Median Income (AMI) for the Greater Lowell area (1person-\$37,800, 2person-\$43,200, 3person-\$48,600, 4person-\$54,000, 5person-\$58,350), have less than \$25,000 in assets, and must be currently spending more than 30% of gross household monthly income on rental housing costs (including eligible utilities). The program is not available to households already receiving government-funded rental assistance-such as Section 8 or MRVP or state or federally subsidized housing.

WRAP aims to assist the most cost burdened renters in Westford by offering a housing subsidy paid directly to their landlord, who must agree to accept WRAP payments directly. The program can subsidize **up to \$500** of the household's rent payment monthly, with the expectation that the household will not pay more than 30% of their income toward rent. During the time that households are participating in the program and receiving funding, recipients must agree to work with the Town Social Worker to develop a Housing Stabilization Plan to work toward a sustainable long-term housing situation. Participation in the program can be renewed yearly for a maximum of three years provided that all program financial criteria is continuing to be met and the household is working on mutually agreed upon goals with the Town Social Worker. For renewal consideration, participating households must submit a new application annually.

Households must complete an application to determine eligibility. **Information requests and questions should be directed to Westford Housing Authority by calling 978-692-6011.** Applications will be available through the Westford Council on Aging at 978-399-2325, Westford Housing Authority at 978-692-6011, and are printable from the Town of Westford website. **Applications should be sent to Westford Housing Authority, 65 Tadmuck Rd., Westford, MA 01886.** Application assistance, accommodation for disabilities, and assistance for applicants with limited English proficiency is available as needed through Alison Christopher.

FRIENDLY CALLS

This pandemic has created social challenges for many leading some to isolation and loneliness. If you would like to hear a friendly voice, I can set you up with a volunteer for regular calls. This is a win/win program where volunteers get to help and folks home alone benefit from contact. Please let me know if you are interested in this program. Annette at 978-399-2326.

OUTREACH

May the New Year bring us all hope for an end to the pandemic! It's been a long year of isolation and restrictions but times like this can make us a stronger community. If you need a listening ear, support, and/or services, don't hesitate to contact Annette your Outreach worker at 978-399-2326. I work for you!



THANK YOUS!

Many of you have been creatively using your time at home. A big thank you to Joyce Cederberg for donating 500 colorful crocheted "scrubbies" and to Dionne Bell for her donation of 30 knitted wool slippers. Your thoughtfulness has brought smiles to many.



A big shout out of thanks to our many volunteer groups that cleaned up 20 yards for our seniors this fall. Troops 195, 159, Pack 96, Girl Scouts, National Honor Society students, United Methodist Church and St. Catherine's Confirmation classes. Your service is greatly appreciated! Pictured: Scout Troop 159 with leader Derek Anderson

SAND BUCKETS

We are fortunate to have a sand delivery program with the police. If you need a free bucket of sand to be delivered to your home for the coming winter months, please call 978-692-5523.

MOBILE LIBRARY

Do you miss visiting the library? Do you lack transportation? Let Fletcher Library come to you! I can bring you books, movies, magazines and more. Please call Judy Madsen, Homebound Coordinator at 978-399-2301.

SNOW REMOVAL

Many folks ask if we know of people who can help with snow removal. Unfortunately, this is one of the hardest needs to find volunteer services for. There are several snowplow companies in the area and we create a list every year with their contact information however we do not endorse any one over another. Other options are to check with your church, the local classifieds and your neighbors. If you would like to discuss this further, please call Annette at 978-399-2326.



PROPERTY TAX EXEMPTIONS – Are you eligible?

The town of Westford has several property tax exemptions for residents: low income, widows, over 70, blind, disabled, veterans and more. You may be eligible for a tax break. If you are interested in learning more about your options, call Annette to review them at 978-399-2326.

FREE MEDICAL EQUIPMENT & INCONTINENCE PRODUCTS

We currently have a surplus of personal hygiene products and equipment and would love to find homes for them. Please call 978-692-5523.

OUR VANS ARE RUNNING WITH COVID-19 REGULATIONS

For your safety:

- All drivers and riders must wear a mask on entering and while riding our vans.
- Only 4 riders on van at one time.
- Vans, seats and touch points will be disinfected in between riders.
- Vans will be completely disinfected at end of each day.

COA TRANSPORTATION SERVICES FOR SENIORS 55+ AND THE DISABLED

Service areas and donation/fees for round trip:

Westford \$3.00; Acton, Carlisle, Chelmsford, Groton, Littleton, \$6.00; Ayer and Concord, and Lowell \$8.00

Please call Chuck at 978-399-2322 **at least 48 hours prior to your appointment** to schedule your ride.

DID YOU KNOW? Town of Westford's Upcoming Electric Aggregation Program

Contract start date: January 1, 2021 and contract end date: December 31, 2023

Effective January 2021, the town's new electric aggregation program will provide 4 options for residents and businesses to select from. The default rate for the entire town will be \$0.10793, which will include 10% additional renewable energy above the state's minimum requirements. The term "default rate" refers to the electric supply rate that all program participants will be placed in upon the start date of the contract. Residents and businesses will reserve the right to opt down to the base supply rate or to opt up to two increased levels of renewable energy. Your electric bill will still come from National Grid and the supplier listed on the back will say "Constellation" not "Public Power".

4 Supply Rate Options - Effective January 1, 2021

Base supply rate: \$0.10470

10% additional renewable energy: \$0.10793 (**default rate for town**)

50% additional renewable energy: \$0.12083

100% additional renewable energy: \$0.13695

Website for additional information: <https://masscea.com/westford/> Any questions feel free to call Annette at 978-399-2326.

ASK THE REALTOR

Monday January 11 and Monday February 8 10am

Local real estate agent Kathy Cunningham of Coldwell Banker. Call: 978-692-5523 for a phone appointment.

NEED ASSISTANCE WITH MEDICARE? SHINE CAN HELP!

SHINE = **S**erving **H**ealth **I**nsurance **N**eeds of **E**veryone on or eligible for Medicare. Certified SHINE counselors offer free, unbiased, confidential counseling on all aspects of health insurance to anyone on or eligible for Medicare. This is your opportunity to review your Medicare plans with a SHINE counselor to see what you can expect with your current plan in 2021. You may also benefit from cost-savings programs that a SHINE counselor will explain to you. Your health insurance costs are an important part of your budget, and SHINE is available all year to help you review your plans and costs. Due to the current COVID-19 pandemic, SHINE counselors are meeting by phone. **Counselor Fred Baumert will be available Mondays January 11 and February 8 beginning at 12:30 p.m.** To schedule a SHINE appointment or for more information call the Cameron at 978-692-5523.

ASK THE LAWYER

Tuesday February 16 9:30 AM

Free legal service provided by the office of Attorneys Madge & Johnson is available to all Westford seniors age 60 and over, virtual meetings only at this time. Please call 978-692-5523 to reserve a timeslot.



On behalf of the Holiday Basket Program, we want to thank you for supporting this community outreach to ensure that our Westford families have a memorable holiday. With your generosity we were able to provide meals for over **280 families** and gifts for over **140 Children** this Holiday Season. We cannot thank you enough for making this Holiday Basket program a success, and more importantly sharing the holiday spirit of giving and caring for one another so freely during these unprecedented times. Your kindness is appreciated.

SPECIAL THANKS

The pandemic did not stop Jim Geraghty, Family and Friends from hosting their 23rd Annual Thanksgiving Dinner

A very special Thank You to Jim Geraghty and all the community volunteers for providing a delightful dinner for over 230 older adults. Although this year it was in a Grab and Go event, it was a great success! Many expressed their appreciation that this event even happened, and the joy they had eating such a generous quantity of "deliciousness". A special thanks to Superintendent Olsen for hosting this event at WA. It was a memorable Thanksgiving event.



Friends Corner

Happy New Year!

We have a lot to be thankful for over the past year. Despite the pandemic, many of us we were still able to keep in good spirits, share Zoom time with friends, learn or exercise remotely, get some housecleaning done, plus raise a few funds for the Cameron.

Thanks to **Pat Reppucci** and **Karen Bigelow** for launching our 1st online auction. Despite the pandemic, a few bidders persisted and got some fabulous deals – and we raised \$198 for the Cameron.

Special thanks to **Frances Kosenko** for running our fall Gift Card program. A few people loaded-up on gift cards for the holidays – ideal for the middle of a pandemic. Overall the program raised \$245.

We look forward to a brighter 2021 and hope many of you will get lunch at the **Sweetheart Luncheon**, sponsored every year by the Friends, Wednesday, February 10, at Burtons Grill.



ONLINE AUCTION!

The Friends are planning a special online auction in February, perfect for beating the winter doldrums, brightening spirits, or celebrating Valentine's Day.

We hope to have lots of wonderful items for bid!

SEEKING DONATIONS!

New items, unneeded gifts
 Gift cards to restaurants, shops, businesses
 Event tickets, admission cards
 Thoughtful gift baskets – all themes welcomed
 New books, puzzles, games
 Services: massage, haircuts, lawn care
 New craft items, art, handiwork
 Chocolates, coffees, treats & goodies
 Want to help? Give us a jingle!

CONTACT:

Pat Reppucci, 978-835-6568
patreppucci@comcast.net

"SHARE THE LOVE" Online Auction!

The Friends are making plans for an Online Auction, to run in February before Valentine's Day [tentatively Feb. 1-8]. We're hoping to have lots of gift items perfect for giving to friends, family or loved ones to help brighten their spirits, show your love and that you're thinking of them during this pandemic season. Even if you can't be with your Sweeties on Valentine's Day, you can definitely "share your love." See box – and stay tuned for more details!

Friends of Cameron 2020 Sponsors

Thank You!

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 James Geraghty

Patrons

Donors of Coldwell Banker Residential Brokerage
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 Kathleen Waldron-Borrero – In memory of George Borrero



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Westford COA, Westford, MA

06-5200

2020 Income Tax Help

Hal Schreiber, our volunteer tax expert, will be back this year to complete 2020 federal and state income tax returns. Dick Severyn will also be back to assist Hal. This is a free service sponsored by your Senior Center and there are no age or income limits. Please call the Senior Center at 978-692-5523 to add your name and telephone number to the list for having your tax return prepared (depending on the "virus" situation, we do not know at this time, whether appointments or drop-off will be used). Hal has all the federal and state tax forms that are needed to be filled out – you do not need to bring any blank tax forms or instructions with you.

New for 2020 – cash/check/credit card charitable contribution, up to \$300, can be deducted if you do not itemize your deductions.

What to bring with you:

Your 2019 federal and state tax return if it was not prepared at the Westford Senior Center.

Form MA 1099-HC and IRS Form 1095-B. The health insurance information from these forms must be entered on your Massachusetts tax return. Note – Massachusetts did not eliminate the health care tax penalty.

Form 1095-A (you receive this form if you received the advanced health insurance premium tax credit). The IRS will demand the entire credit be returned if the information from this form is not entered on your federal tax return.

W-2s, SSA-1099s, 1099s (DIV, INT, B, G, MISC, etc), Schedule K-1s, 1098s, etc

The amount and date of any federal and state estimated tax payments you made for 2020.

If you pay rent for your main residence, bring the total amount you paid in calendar year 2020 (some or all is deductible on your Massachusetts tax return).

For real property not located in Westford – total the property tax bills that you paid in calendar year 2020 (do not include any late payment fees, demand notice fees, or interest charges).

If your main residence is not located in Westford and if you or your spouse is age 65 or older – total the water/sewer bills that you paid in calendar year 2020 (do not include any fees or interest due to late payment).

Car, boat, personal property excise tax bills – total the bills that you paid in calendar year 2020 (do not include any fees or interest due to late payment).

If you sold any stock or bonds - the date you bought the stock or bond and the amount you paid for them (that information may have been provided as supplemental or additional information that comes with the Form 1099-B that you received).

If you have any mutual funds - any information provided by the mutual fund concerning how much of the dividends are exempt from state income tax or are from federal or state obligations. If you sold any mutual fund shares - the date and what you paid for the shares (that information may have been provided as supplemental or additional information that comes with the Form 1099-B that you received).

Medical and Dental expenses – total your co-pays and deductibles for all your drugs (prescription and over-the-counter), doctor, dentist, hospital visits, etc. Include hearing aides, eyeglasses, etc. Add up the car mileage to get prescription drugs or go to the doctor, dentist, hospital, etc. List any health insurance premiums, long term care premiums, and Medicare premiums separately since they need to be reported separately (do not add them together).

Charitable contributions. - total your cash/check/credit card contributions (do not include any political or election campaign contributions). For property contributions – in general terms (clothing, household goods, furniture, etc), what was contributed; the date of the contribution; estimated fair market value of the property; and the name and address of the charity receiving the property. If you donated a car, it is very important that you bring the paperwork/form you received from the charity.



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Pre-Planned
Funeral Counseling

The First Annual Senior Housing “Decorate Your Door for the Holidays” contest was a great success!

Seniors in the 4 Westford Housing sites decorated their doors for the holidays, and Annette and Katie assembled a panel of judges to determine which were the most creative at each site. It was difficult to decide, but in the end, 12 prizes were awarded (3 to each site). Below are 4 of the awardees!



Carolyn, one of the winners at 67 Tadmuck



Betty, one of the winners at 65 Tadmuck



Carleen, one of the winners at Church Street



Kathy, one of the winners at Sargent

Thanks to all who participated and helped spread a little cheer! We can't wait to do it again next year!

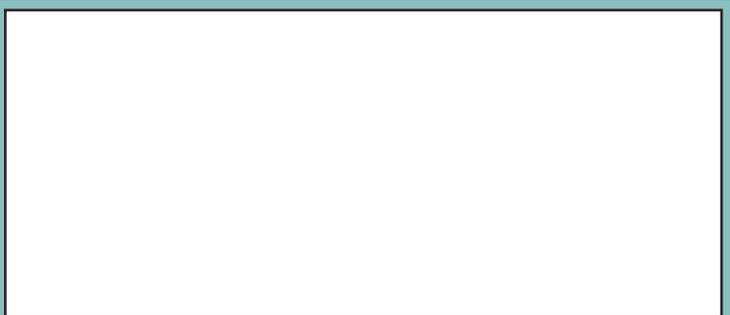


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- If you prefer receiving a newsletter via email, please go to town website and click on "Notify Me" and type in your email to sign in. Under "Agenda Center" Click on Council on Aging
- If you would like to be mailed a monthly newsletter for an annual cost of \$12 please send a check made out to the Town of Westford and mail to: Cameron Senior Center- 20 Pleasant, Westford, MA., 01886 or stop in at the center.
- Find our Facebook Page at facebook.com/CameronSeniorCenter/

Westford Food Pantry

If you are interested in helping 2-3 hours per month, please contact Lynn Roderick, Volunteer Coordinator for further information
lynnmroderick@aol.com

Hours

Westford Community Food Pantry, located at the Cameron, is staffed by volunteers for drive-thru service

JANUARY FOOD PANTRY HOURS:

- **Wednesdays: Jan 6, 13, 20, 27** from 6:00 - 8:00 p.m.
- **Fridays: Jan 8, 15, 22, 29** from 9:00 - 11:00 a.m.

FEBRUARY FOOD PANTRY HOURS:

- **Wednesdays: Feb 3, 10, 17, and 24** from 6:00 - 8:00 p.m.
- **Fridays: Feb 5, 12, 19, and 26** from 9:00 - 11:00 a.m.

BOARD MEETINGS

COA Board - January 13 and February 10
Held on GoToMeeting- RSVP to Jennifer if you want to attend and she will send you login information

Friends of Cameron—January 14 and February 11

COUNCIL ON AGING STAFF

Jennifer Claro, Director of Elder Services
Alison Christopher, LICSW / Social Worker
Annette Cerullo, LSW /Outreach Coordinator
Claire France, Records Supervisor
Charles Dutton, Transportation Dispatch
Christopher Mitchell, Maintenance Supervisor
Katherine Russell, Senior Assistant
Martha Brockway, Senior Assistant
Edna MacNeil, Front Desk
John Wilson, Maintenance
Robert Rafferty, Night Supervisor

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Robert Tierney, Vice Chair
Kathryn Wilson, Clerk
Helena Crocker
Patricia Holmes
Sandra Collins
Ret. Chief George Rogers
Ret. Veteran's Rep. Terry Stader

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