



TOWN OF WESTFORD
BOARD OF HEALTH

Town Hall
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MEMORANDUM

TO: Andrea Peraner-Sweet: Chair, Westford Select Board

FROM: Jeffrey P. Stephens, R.S. CP-FS, Health Director

DATE: September 30, 2020

SUBJECT: Board of Health Halloween Recommendations

Dear Ms. Peraner-Sweet,

On September 30, 2020, by a vote of 5-0, the Board of Health recommends that the Town of Westford adopt the [CDC holiday](#) guidance for Halloween with modifications. If families choose to trick or treat, we recommend the following modifications.

- Trick or Treaters stay in family units or known bubbles.
- Allow families to leave a house before the next one approaches.
- For those handing out candy, we recommend individually prepacked goodie bags to hand out on the porch or front steps.
- The Board recommends the use of gloves or tongs for handing out treats. (No communal bowls!)
- Maintain 6 feet from the entry doors of houses whenever possible.
- Masks should be worn when at doors of houses and when Trick or Treaters cannot socially distance.
- If you are sick with COVID-19, or you are under Isolation and/or Quarantine Orders, please stay home and please do not participate by handing out or receiving candy or treats.
- The Westford Health Department also recommends that all activities be carried out with all public safety guidance.

Furthermore:

The Board strongly discourages:

- Parties of any type including costume parties.
- “Trunk or Treat” activities.
- Activities that foster risky behaviors.

For more information on the CDC guidance go to: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays.html>

Be Safe!

jps