

Westford Health Department

55 Main St. Westford, MA 01886



The following programs are provided by the Westford Health Department through the Board of Health and are available to all residents. Most services require appointments, and pre-payments may be necessary. For additional information on any health service, please contact Jeff Stephens, Director of Health Care Services, at the Westford Health Department office located in the Town Hall, at 978 692-5509. Office Hours are Monday through Friday from 8 a.m. to 4 p.m. Information on all services can also be obtained by viewing the Health Care Services and Environmental Services pages of the Westford Web under Board of Health, at www.westfordma.gov/boh

HEALTH PROGRAMS

Flu Clinic Schedule Westford Residents Only

The Westford Health Department will sponsor flu clinics on the dates, times and locations listed below. No appointments are necessary. ** Please note ** Due to COVID-19 our clinics may look a little different, as to adhere to the social distancing guidelines and maintaining all safety precautions.

Masks are always to be worn. NOTE CHANGES IN TIME!!!

All insurance forms **MUST** be filled out in full and signed prior to arriving at the clinics
<https://www.westfordma.gov/235/Flu-Clinics>

If possible, please make sure to have a copy of your insurance card(s) and attach to the insurance form

*We will be having the 65 and older flu clinic at the Franco-American Club.

This year our request is to:

- Have your insurance form filled out and signed along with a copy of your insurance card(s) prior to your arrival. Example a copy of your Medicare card and if you have a supplemental insurance a copy of that too. DO NOT COPY YOUR LICENSE.
- Once you are at the Franco, **please stay in your car** and a volunteer will come to get you and bring you inside the building to have your influenza vaccine administered by one of our nurses.
- **Please come prepared with a short sleeve shirt**
- The hours are slightly different this year, please come to the clinic at your allotted time, by last name, as we are trying to space out the times to allow for cleaning in between groups.

Thursday, October 8th, 2020: 11:30 -3:30 pm Senior Dose for 65 and Older

Location: Franco American Club. (Walk-In)

Time(s)	11:30-12:30 pm:	A-H
	1:00-2:00 pm:	I-Q
	2:30-3:30 pm:	R-Z

Regular FLU Clinics:

Thursday, Oct 15: 4:00-7:00 p.m. **Drive-Thru**

Thursday, Oct 22: 4:00-7:00 p.m. **Drive-Thru**

Insurance forms must be filled out. <https://www.westfordma.gov/235/Flu-Clinics>

LOCATION: Westford Water Department
60 Forge Village Rd.

Homebound individuals, who require a home visit, should contact the Health Department at 978-692-5509 to schedule an appointment.

The Centers for Disease Control and Prevention (CDC) recommends the high-dose flu vaccine called Fluzone for seniors 65 years and older.

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The committee recommended that the **trivalent** formulation influenza vaccines for the U.S. **2020-2021** influenza season contain the following:

- U.S. egg-based influenza vaccines (i.e., vaccines other than cclIV4 and RIV4) will contain HA derived from:
- An influenza A/Guangdong-Maonan/SWL1536/2019 (H1N1) pdm09-like virus.
- An influenza A/Hong Kong/2671/2019 (H3N2)-like virus.
- An influenza B/Washington/02/2019 (Victoria lineage)- like virus.
- For **Quadrivalent** vaccines only, an influenza B/ Phuket/3073/2013 (Yamagata lineage)- like virus.

These vaccines will not prevent illness caused by other viruses. It takes up to 2 weeks or more for protection to develop after the vaccine. Protection lasts about a year. Anyone with an allergy to egg cannot receive this vaccine at one of our public clinics.

Annual influenza vaccine is recommended for *everyone 6 months of age and older*. Everyone, regardless of prior vaccination, will need to be revaccinated to be protected this year.

People at Increased Risk for Influenza-Related Complications:

- All children 6 months through 4 years of age.
- All persons ≥ 50 years of age.
- People 6 months - 18 years of age who are receiving long-term aspirin therapy.
- Women who will be pregnant during influenza season and postpartum women.
- People ≥ 6 months of age who have:
- Chronic pulmonary (including asthma), cardiovascular (except hypertension), renal, hepatic, neurological, hematologic, or metabolic disorders, including diabetes.
- Immunosuppression (including immunosuppression caused by medications or HIV).
- Any condition (e.g., cognitive dysfunction, spinal cord injuries, seizure disorders, or other neuromuscular disorders) that can compromise respiratory function or the handling of respiratory secretions or that can increase the risk of aspiration.
- Residents of nursing homes and other chronic-care facilities.
- American Indians/Alaska Natives
- People who are morbidly obese (BMI ≥ 40)

To get up to date information during the flu season, visit the Health Department website at www.westfordma.gov/boh or sign up for our Health Department listserv at www.westfordma.gov/subscriber .

SCHOOL BASED CLINICS ARE CURRENTLY BEING DESIGNED
BASED OFF OF SCHOOL REQUIREMENTS