

Council on Aging Meals on Wheels

Seniors who are home bound and unable to prepare their own meal may qualify to receive a full course midday meal delivered right to their home, for \$2.00 donation.

Meals on Wheels clients are now offered a choice of five special diets. Along with the traditional Meals on Wheels a special diet with a doctor's authorization is available. The five diets are Cardiac (heart healthy), Renal, Chopped, Ground and Puree. Meals on Wheels are available to homebound, age 60 and over, and unable to prepare a hot meal. For information or to register please call 1-888-820-5423

Holiday and weekend meals are also available in limited numbers.

