

## **Town of Westford Mobile Clinician**

**How does the Westford Mobile Clinician work?** If you, a loved one or fellow community member is experiencing a mental health challenge and currently awaiting care, Westford may be able to help. The Town of Westford acknowledges an overwhelming need for mental health appointments, resulting in long waitlists. We want to help shorten this wait time by offering short – term mobile clinical services in Town buildings or virtually to those in need.

**Am I eligible to receive Westford Mobile Clinician services?** Following an initial intake interview, you may be provided with one of the following recommendations:

- immediate recommendation to call your doctor, or 911;
- assistance locating the correct mental health provider for you; or/and
- referral to the Westford Mobile Clinician.

Each individual and situation is unique so careful consideration will be given when determining if the Westford Mobile Clinician is right for you. Due to scope of service and ACA ethical guidelines there may be situations where this service is not suitable for all residents and employees. If it is determined the Mobile Clinician is not a fit, we will work with you on alternative services.

**What is the cost to me? Will my insurance be charged?** Services are provided free of charge. Your health insurance will not be charged for this service.

**What is the frequency of treatment being offered?** Up to 10 sessions will be offered. The clinician will determine the number and frequency of sessions following the initial appointment. Determining factors may include nature of the mental health issue; length of time estimated for private therapy to begin; and/ the client's response to therapy. Specifics will be discussed at your intake screening visit.

The Mobile Clinician is an important service for the town residents. As a responsibility of the resident, if you are unable to attend an appointment, please call the Mobile Clinician at least 48 hours of your appointment to cancel and/or reschedule.

### **Who do I contact to complete an intake?**

Nicole Laviolette, Town of Westford Community Wellness Coordinator 978-399-2503

- For residents age 4 – 25 years old

Alison Christopher, Town of Westford Social Worker 978-399-2325

- For residents age 26 years old and older

Mobile Clinician made possible by Greater Lowell Health Alliance Grant.

NOTICE OF NONDISCRIMINATION: The Town of Westford does not discriminate on the basis of race, color, religion, homelessness, national origin, age, gender, sexual orientation, gender identity or disability in admission to, access to, employment in, or treatment in its programs and activities.

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