



September 2017



Jodi Ross,
Town
Manager

jross@westfordma.gov
www.westfordma.gov/tm
978-692-5500

Important:

Please sign up to receive updates on the latest road construction in town.

[Subscribe to Notifications](#)



BRUSH CHIPPING
Saturday, October 14
10:30 am – 4:30 pm
Highway Garage
28 North St (Upper Lot)

STYROFOAM Collection
Saturday, October 14
9 am - 2 pm
Highway Garage
28 North St (Lower Lot)

Special Town Meeting
Monday, October 16
7:30 pm
Abbot Elementary School



Watch Meetings Online
westford 
community access television
www.westfordcat.org

Dear Westford residents,

Town staff and community leaders were honored to host a memorial service on September 11 in remembrance of the lives lost that fateful day in 2001. Terry Stader, Veterans Services Officer orchestrated the event and introduced guest speakers, including State Representative James Arciero, Board of Selectmen Chair Andrea Peraner-Sweet, and Council on Aging Chairman Nancy Cook. It was a poignant service, which included our public safety personnel, in front of our 911 Memorial in the Town Hall, Police and Fire Department courtyard, and I would like to thank everyone for their involvement and attendance.

Congratulations to the Westford Public Schools for achieving 6th place ranking of the best public school districts in the Boston area by Boston Magazine! Thank you to all school officials and employees who strive to make our school system one of the best in not only our state, but in our entire country! You may review the entire list on [the publication's website](#). Please remember that with school back in session as the summer winds down, please be especially careful while driving during bus pick up and drop times throughout the work week.

The Dog Park Task Force has diligently continued to pursue creating a dog park in town, and is working with the Parks and Recreation Commission, School Committee and Board of Selectmen to find a suitable location. They are developing regulations and continue to evaluate potential locations, with community input. You can learn more about their mission and their work at [their group's webpage](#).

The town center road and sidewalk improvements are almost complete and the Selectmen recently approved changing the cross walk color from orange to striped white, or simulated brick in town center. All of these improvements were funded by a Complete Streets grant our town applied for and received.

A general contractor was selected for the rehabilitation of the Roudenbush Community Center at 65 Main Street. The Roudenbush Community Center, Inc. (TRCCI) staff offices have moved to vacate the building during construction, which should be beginning shortly.

Rocks, rocks, and more rocks! That's the scene at the site of the new fire station which is being constructed at 65 Boston Road, where excavation is well underway. Our town's Permanent Town Building Committee is overseeing the work's progression. A formal ground breaking will be scheduled in October.

Our new Combined Dispatch office is scheduled to open October 1. This project is something we have been working towards for several years to improve the delivery of our 911 service. Stay tuned for a grand opening celebration.

(Continued on next page)

We are ramping up for our Special Town Meeting to be held Monday night, October 16, 2017, at 7:30pm in the Abbot School gymnasium. The Board of Selectmen is scheduled to sign the meeting's warrant during their meeting on September 26, 2017, and they will begin taking positions on articles. Voter registration deadline is Friday, October 5 at 8:00PM. Please check with the [Town Clerk's Office](#) if you have any questions.

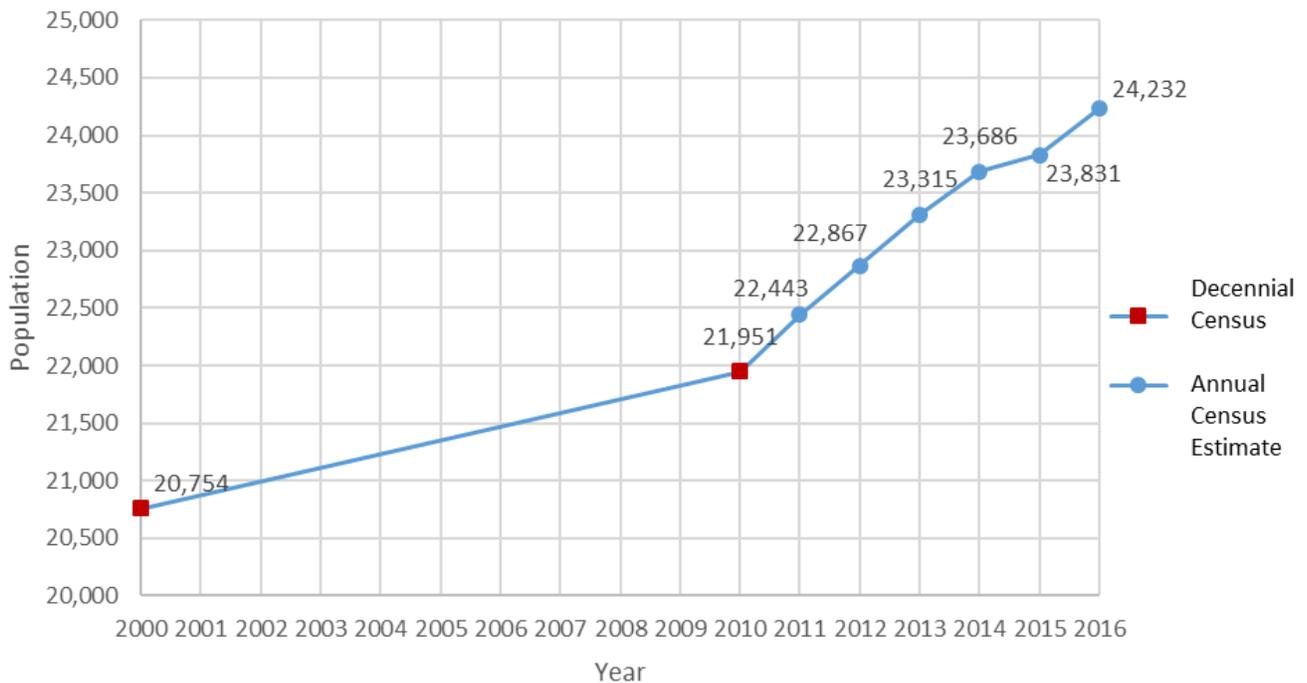
As a resident, I know all of the road construction around town can be at times frustrating. Work is moving along, and I am excited to see this year's street and sidewalk projects completed soon. We have made significant investment in our town's infrastructure, and the finished projects should be a welcome improvement.

Our local Middlesex County 4-H Fair was held August 25-27 at the fairground at 55 South Chelmsford Road. As they do annually, they hosted a luncheon cookout for town staff, which is always a fun, greatly appreciated event.

Strap on your helmet and grab your bike to ride the Bruce Freeman Rail Trail this fall. There's already 6.8 miles established, with another 5 miles being constructed south of Route 225 at the Westford/Acton border. As this latter section is under construction, we ask that everyone stay off the unconstructed trail for safety purposes. The Friends of the Bruce Freeman Rail Trail recently donated \$16,720 for a trail crossing system at Griffin Road to help keep pedestrians and bicyclists safe. For more information about the trail and its development, visit [the Friends' webpage](#).

Westford's population has been growing quickly this decade, as the 2016 population estimate reveals that the town outpaced its entire 2000-2010 population growth. With a population growth rate of 10.4% from 2010 to 2016, Westford has also grown faster than the state of Massachusetts which experienced a 4% population increase over the same period.

Westford, MA Population Growth (2000-2016)



Source: US Census

(Continued on next page)

There are several openings on other local boards and committees, including: the 12 North Main Street Task Force, Affordable Housing Committee, Agricultural Commission, Commission on Disability, Communications Advisory Committee, Cultural Council, Energy Committee, Historical Commission, Housing Authority, Master Plan Implementation Committee, Parkerville Schoolhouse Committee, Parks and Recreation Commission, Pedestrian Safety Committee, Permanent Town Building Committee, Public Works Initiative Committee, Town Center Parking and Traffic Study Committee, Westford Scholarship and Grant Committee, Zoning Board of Appeals, and others. I urge you to peruse our website for information about the work of these committees; and if you have interest, please complete a Citizen's Activity form at this link: [Citizen Activity Form](#) or stop by and fill out a form in the Town Manager's office.

Would you like more detailed information on Board of Selectmen meetings? Click the following links to access: [Board of Selectmen Documents](#) & [Board of Selectmen Meeting Videos](#).

I hope to see you at the Special Town Meeting on October 16th!

Sincerely,



Jodi Ross
Town Manager



This month, students in the elementary and middle schools are returning to work and learn in their school gardens.

J.V. Fletcher Library

Adult Programming is branching out, to draw you in.

Shortly, our Fall 2017 Programs & Events brochure should reach your mailboxes. If you are seeking Adult programs we hope that at least one of our offerings will tempt your palate:

- **Relax** your cares away and enjoy the latest trend: Adult Coloring Parties! We play music, provide snacks, colored pencils and unique paper designs while you color and socialize or simply let go of the traffic in your min through the simple, satisfying act of coloring.
- **Experience** the culture of another country through our "India through Literature Series."
- **Rediscover** an American icon and perhaps a part of your childhood when we explore New England's General Stores.
- **Find Support** and answers in a presentation that focuses on the most up-to-date information on memory loss, dementia and Alzheimer's disease.
- **Melt** into the melodious warmth of Harp music.
- **Paint** like one of the Masters; create (in a two-hour workshop) your own Starry Night.
- **Sample** tasty dishes and discuss recipes during an evening devoted to cook-books and cooking.
- **Network** and be inspired while you are transitioning to a new job or field.
- **Discuss** books and more books by joining one of our Library Book Discussion groups.
- **Practice** your English language skills in a comfortable, easy going setting.

To find out specific details of these and other programs please check out the Library web site homepage and/or go to the REFERENCE link on the horizontal menu at the top of the Homepage and then click on the "[Adult Programs](#)" link from the left hand menu. Call the Reference desk anytime (978-399-2304) with questions about signing-up, event dates and times and more. We hope to see you soon!

WWW.WESTFORDLIBRARY.ORG

WWW.WESTFORDMA.GOV

Health Department

The Westford Health Department presents...

Deer Ticks: "One Bite Can Change Your Life..."

Speaker: Larry Dapsis
Entomologist – Cape Cod Cooperative Extension



Have you seen me?
Chances are you have...

Lyme Disease is the most prevalent infectious disease in Massachusetts and is now considered to be a public health crisis. In addition to Lyme, Deer ticks can carry the pathogens which cause Babesiosis, Anaplasmosis, Relapsing Fever, and Powassan virus, all of which can be very serious and are on the increase. The Westford Health Department often receives confirmed cases of tick-borne diseases in residents.

A Three-point protection plan will be presented: Protect Yourself, Protect Your Yard and Protect your Pet. Tick-Borne Diseases are preventable.

**Tick-Borne Diseases are
Completely Preventable... come learn how**

Date: September 25th, 2017 Time: 6:30 to 8:00 pm
Location: Nabnasset Country Club at 47 Oak Hill Rd.

Health Department (continued)

Emergency Preparedness in Your Community

September is Emergency Preparedness month and the recent hurricanes in Texas and Florida serve as important reminders on why all of us should be prepare our families for the unthinkable.



While we are less likely in the northeast to be affected by hurricanes, especially of the magnitude seen with Harvey and Irma, we are not immune from catastrophic weather events. For example; in 2008 there was an ice storm that crippled our area and left 1.7 Million people without electricity in our region. Ice storms the magnitude of that seen in 2008 are relatively rare but we know they can happen.

Make sure that your family has a plan in case of an emergency. Before an emergency happens, sit down together and decide how you will get in contact with each other, where you will go, and what you will do in an emergency. Keep a copy of this plan in an emergency supply kit or another safe place where it can be easily accessed in the event of a disaster. A template Family Emergency Plan can be found at the following link: www.ready.gov/sites/default/files/FamEmePlan_2013.pdf.



Set Your Radio Preset to Westford Emergency Management's 1630 AM

In an emergency tune in to Westford's 1630 AM for local information.



Additionally, the Westford Health Department and the Upper Merrimack Valley Medical Reserve Corps have assembled 72-hour preparedness starter kits. There are numerous items that are useful in the event of an emergency already included in the kits but other items that will be useful to you and your family should be added. Items to consider adding to the kit might include communication and evacuation plans, important documents, medications, and pet supplies for your four-legged friends. 72-hour preparedness kits are available at the Westford Health Department and can be purchased for \$45.

Health Department (continued)

Know the Signs of an Opioid Overdose and Save a Life

An opioid overdose can cause a coma or death within minutes. If you see the signs of an overdose, call 9-1-1 immediately.

Signs of an opioid overdose may include:

- Breathing that is slow and shallow — or no breathing at all
- Very sleepy or unconscious and not responding to your voice or touch
- Blue or grayish skin color, with dark lips and fingernails
- Snoring or gurgling sounds

Do you know someone who could overdose from pain medication or heroin? If so, ask your pharmacist today about getting Naloxone. Naloxone can reverse the effects of an overdose. It could also save a life. It's available in a few forms. It's easy to use and training is available if you want it.

Many pain medications are opioids. Opioids include heroin, codeine, fentanyl, hydrocodone (i.e., Vicodin), hydromorphone, morphine, and oxycodone, such as OxyContin and Percocet, among others.

Once you have Naloxone, be sure to keep it with you at all times – in a purse, backpack, or briefcase. If you give Naloxone to someone having an overdose, it usually acts quickly, but if there is no response within 1 to 3 minutes, apply a second dose.

A dose of Naloxone only lasts between ½ to 1 ½ hours. Overdose symptoms can come back when the naloxone wears off, so it's very important to call 9-1-1. Try to stay with the victim until emergency help arrives. Learn more about Overdose Prevention and Naloxone Access.

If there are symptoms of an overdose:

- Tap, shake, and shout at the person to get a response
- If there is no response, rub knuckles on the breast bone
- If no or little response, call 9-1-1

When you call 9-1-1:

- Give the address and location
- Tell them it's an overdose so they can bring Naloxone. Or say, "My friend is not breathing." Or "My friend/child is unconscious and I can't wake him/her up."
- Stay with the person. The 9-1-1 Good Samaritan Law provides protection from arrest and prosecution for drug possession.

While you wait for the ambulance:

- Do rescue breathing.
- Give Naloxone if you have it.
- If you have to leave the person for any amount of time, place the person on their side.
- Tell the ambulance staff anything you can about any alcohol or drugs the person has taken. If you cannot stay, leave a note with the information.

Do rescue breathing if breathing is slowed or stopped.

- Make sure nothing is in the mouth.
- Tilt head back, lift chin, pinch nose.
- Breathe in mouth once every 5 seconds.



Public Health
Prevent. Promote. Protect.

Westford Parks & Recreation

Westford Community Rowing (WCR)

Matawanakee Fall Classic:

Saturday, September 23, from 8:30 a.m. to 12:00 p.m., at Forge Pond in Westford.

The **Matawanakee Fall Classic**, hosted by WCR, brings together five teams of youth and adults from surrounding communities. WCR provides a fun and supportive environment for all participants in this competitively well-matched regatta. Come enjoy this exciting fall event! Both WCR and Matawanakee Fall Classic t-shirts will be for sale during the regatta. Parking will be available at the Cameron Senior Center, and the VFW Fields on West Prescott Street, for a cost of \$5 per car.

*Westford Community Rowing (WCR) offers programming for middle school, high school, and adult athletes from all athletic backgrounds and experience levels. You can find the 2017 Fall Racing Schedule in the new **2017-2018 Parks & Recreation Fall-Winter Brochure** at*

westfordrec.com, or online at Register>Programs> About Westford Community Rowing. To learn more about Westford Community Rowing, contact klumbard@westfordma.gov.



Forging on.



Westford Parks & Recreation (continued)

Westford Partnership for Children (WPC) After School Enrichment for Grades K-8

WPC is off to the races too as Session 1 enrollment has surpassed last year's numbers! This fall WPC has seen a substantial increase in K-2 enrollments at Nabnasset, Miller, and Robinson Schools. Additionally, there have been several new students that have entered the program during the later stages of their elementary school career.



Chess Wizards in action.

Every fall WPC hires new high school students to work along-side each school's WPC Site Director and team of seasoned counselors. The majority of this year's WPC counselors have participated in the Parks & Rec summer Leadership program, a 3-week teen-focused curriculum with programming that includes Team building, CPR and First Aid Certification, as well as other exercises that stress creative thinking and innovation.

This year, WPC is offering a variety of activities, such as **Chess Wizards, American Sign Language, Tennis with Marcus Lewis, No-Bake Cooking,** and more.

SAVE THE DATE: October 10 is a Professional Development day. WPC takes pride in its Special Program itinerary full of unique events and locations that are educational, inspiring, and fun. For a real "treat" this October we are offering a seasonal visit to **Salem, MA**. More details to come! *WPC Special Programs are available for all WPC participants as well as for children who are not formally enrolled in the WPC program.*

Don't forget: The WPC Middle School REC Club program at Stony Brook includes age appropriate activities, homework blocks, and time to just hang out with friends. Blanchard students are bused to Stony upon dismissal for no additional fee.

Though the WPC Session 1 has already started (August 29-October 27, 2017), you can enroll for WPC programs at any point during the session. Registration Forms can be found at 22 Town Farm Road, or visit Register>Programs>WPC After School Program on westfordrec.com.

Westford Parks & Recreation After School Enrichment Program for K-8, provides a safe, stimulating, and fun environment Monday through Friday, from school dismissal until 5:45 p.m. WPC has proudly served eight Westford Public Schools for over ten years. To learn more about WPC, visit Register>Programs>About WPC on westfordrec.com. Westford Partnership for Children (WPC) is a Parks & Recreation sponsored After School Enrichment Program in collaboration with Westford Public Schools.

Westford Parks & Recreation (continued)

Tennis is for Everyone with Marcus Lewis Tennis Center (MLTC)

Enjoy **FALL Tennis at Stony Brook Middle School Courts** with Marcus Lewis Tennis Center. This is the fourth year that Westford Parks & Recreation has partnered with MLTCEP, an extension program that has provided Westford's community with local, quality instruction for all ages, and all levels. Look for **MLTC Tennis Director, Donna Holmes** at Stony Brook Middle School Courts – she and other MLTC teachers will be bringing years of experience teaching students red ball (ages 4-8), orange ball (ages 8-10), green ball (ages 9-12), and yellow ball (ages 12 plus) classes, at the appropriate level, as well as classes for middle school, high school, and adults. New to Tennis? MLTC offers a Junior and an Adult "Try Tennis" Class. Now is your chance to get out on the courts and take a tennis lesson for FREE!



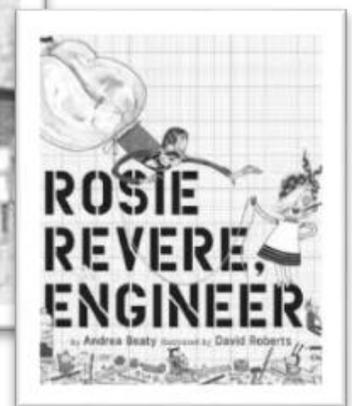
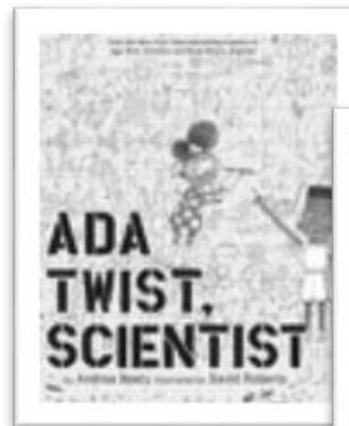
Check out MarcusLewisTennisCenter.com

This fall, start MLTC classes at any time. Class charges will be prorated!

To learn more about the **fall tennis programs held at Stony Brook Middle School Courts**, see the Fall-Winter Brochure at westfordrec.com. To register or to learn more, contact Christi at MLTC: 978-264-8470 or westford@marcuslewisenterprises.com.

Parks & Rec Fall Programs Keep Coming...

Intro to STEAM for ages 2.5-4. **No-Bake Cooking for Little Chefs** for ages 3-5. **Impact Speed & Agility** for ages 8-18. **CPR, AED, and First Aid** for ages 9 and older. **Mill City Aikido** for ages 16 and older. **Beast Mode Project** for ages 18 and older. **Cardio and Fitness Fun** for ages 16 and older, and more, like **Essentrics®**, **Badminton**, **Volleyball...!** Learn more at westfordrec.com or call 978-692-5532.



Intro to STEAM uses a literature based curriculum that includes books by Andrea Beaty.

Town Clerk's Corner



WESTFORD CULTURAL COUNCIL SEEKS FUNDING PROPOSALS for 2017-2018

The Westford Cultural Council is part of a network of 329 Local Cultural Councils serving all 351 cities and towns in the Commonwealth. The LCC Program is the largest grassroots cultural funding network in the nation, supporting thousands of community-based projects in the arts, sciences and humanities every year. The state legislature provides an annual appropriation to the Massachusetts Cultural Council, a state agency, which then allocates funds to each community.

2017-2018 applications are available online starting on September 1. The deadline to apply is October 16. There is an optional presentation meeting for the grant applicants to further present their programs to the council committees: 7-8:30pm on Oct 26 at the Westford Library. For more information about online applications, application requirements, state guidelines, Westford Cultural Council priorities and a list of funded projects in 2016-2017, please visit:

www.mass-culture.org/westford

Organizations, schools, and individuals may apply for grants that support arts, humanities, and science programs in the community. These grants can also be used support a variety of artistic projects and activities in Westford -- including exhibits, festivals, field trips, short-term artist residencies, or performances in schools, workshops, and lectures.



Please note: grants are reimbursement based (The applicant expends their money, and if approved for a grant, then submits paperwork for reimbursement)

Town Clerk's Corner

Recycle Your Reusables

Saturday, October 21, 9am-2pm
Ayer-Shirley Regional Middle School
1 Hospital Road, Shirley MA



The first 200 attendees will receive a free kitchen scrap bucket!

Here's what you can bring

- | | |
|----------------------------------------|----------------------------------------|
| household goods, appliances, furniture | paper and media for shredding |
| rigid plastic: toys, lawn furniture | scrap metal, wood and porcelain items |
| clothes, linens, shoes, leather goods | usable building items: tools, hardware |
| automotive tires and batteries | art/office supplies |
| books, CDs, DVDs, video games | electronics (\$) |
| wheelchairs, other adaptive items | mattresses (\$) |
| bikes, scooters | plastic bags |
| Styrofoam | NEW THIS YEAR: latex paint |
- AND house keys, eyeglasses, wine corks, pet supplies, markers and much more!
Complete list at tinyurl.com/ryr17list

Free and open to all
Donation of non-perishable foods, cash or checks for Loaves and Fishes accepted.
For more information or to volunteer
recycleyourreusables.wordpress.com | 978 496-5839 | Ayerrecycles@gmail.com

Recycling Commission

WIN A FREE RECYCLING Toter

Visit the Westford Recycling Commission table at the Westford Farmers' Market on September 19, 2017, from 2:30-6:30. Enter your name in the drawing for a free new 64-gallon wheeled recycling toter (\$50 value)! You must be over 18 and a Westford resident to enter and willing to have your photo taken. The winner will be announced in October.



BRUSH CHIPPING

Saturday, October 14, 2017, 10:30 am – 4:30 pm
Westford Highway Garage, 28 North Street

Proof of Westford residency required.

Accepted: Brush and branches up to 3 inches in diameter and 10 feet in length. Must be average residential brush categories and reasonable amounts: A load ranges from a trunk to pickup truck -----volume, includes tow behind a full trailer.

Not accepted: Building materials (e.g. fences, boards), land clearing materials and debris (e.g., roots, bushes, anything mixed with poison ivy), grass, and leaves.

Cost: \$10 per load, checks preferred, payable to the Town of Westford.

STYROFOAM Collection

Saturday, October 14, 2017, 9 am – 2 pm
Westford Highway Garage, 28 North Street
LOWER PARKING LOT

Time: 9:00 am to 2:00 pm or until the truck is full.

A donation is requested to cover cost of transportation to Uxbridge, MA.

Styrofoam should be rinsed and free of food debris and delivered in a clear plastic bag. No spongy foam. Meat trays are accepted if stamped #6. Packing peanuts are accepted if they snap in half. Styrofoam coolers and rigid Styrofoam are also accepted.

Sponsored by the Green Team, First Parish Church United, Westford, MA.

Cameron Center Events

You're Invited

**CAMERON OPEN HOUSE
THURSDAY, SEPT. 28TH AT 10 A.M.-NOON**

For newcomers, newly-retired seniors or anyone who has said, "I am going to go see what a senior center is all about." Come enjoy exploring the many facets, activities and benefits of Westford's Cameron Senior Center. Find out what goes on here and meet the staff and volunteers that make it the fun, welcoming place it is- all by coming to the open house! Tours will start at 10 a.m. afterwards the COA staff will introduce themselves and tell you what we all do at the center. We hope you will bring questions and enjoy this time at the Cameron. Light refreshments will be served.

**LIVE THEATER SHOW
FRIDAY, SEPT. 22ND, AT 1P.M.**

Delvena Theatre Company presents Salem Witch Hysteria. The setting is Salem, MA. in 1692, a year when approximately 168 men and women were accused of witchcraft: 20 executed. You will be able to interact as a jury in the trial of Susannah Martin a lively discussion with the cast to follow and Claire's and Bob's traditional root beer float. **This program is supported in part by a grant from the Westford Cultural Council, a local agency supported by the MA. Cultural Council, a state agency.** Please RSVP to 978-692-5523

NEW

SERVICE OFFERING AT THE CAMERON:

HOUSING CONSULTANT PROVIDES HELP TO INDIVIDUALS DEALING WITH VARIOUS HOUSING NEEDS.

MONDAY, SEPT. 25TH (APPT. START AT 1P.M.)

Paul Teixeira, Executive Director of the Westford Housing Authority comes to the Cameron with over thirty years of housing experience consulting with individuals about their housing needs or concerns ranging from Housing application process to landlord/tenant issues. As Paul says, "there are no bad questions except the one you did not ask."

To schedule your appt. please call 978-692-5523.

**SANDWICH GENERATION SERIES
TUESDAY, SEPT. 26TH AT 6 PM**

Topic: Working through Loss Janice Hickey, LSW of Life Care of Nashoba Valley, will be helping guide participants through the stages of loss and teaching strategies of healthy coping. RSVP to 978-692-5523.



Westford Senior Center



Cameron Center Events (Continued)

SENIOR DAY FUN AT THE FARMERS MARKET TUESDAY, SEPTEMBER 26TH AT 2:30 P.M.

Enjoy **free homemade apple crisp and ice cream** as you can enjoy some **great blues-based Americana music performed by Jumpin' Juba** (Band from our Kimball Summer Party). Bring a chair or blanket and perhaps some extra dollar bills for that unexpected purchase at some vendors stand (fish, bakery items, soap, vegetables and more...) RSVP to 978-692-5523. Transportation can be provided from the Cameron or door to door just let us know your need when you register.

PAINT AND SIP

THURS., SEPT. 28TH AT 5:30P.M.

A night out to relax, paint and enjoy non-alcoholic beverages with your friends. Tricia of Magic Brush Pottery will instruct this class. Supplies will be provided. Cost: \$10 and please RSVP

APPLIANCES ~ LAMPS ~ LINENS!

SALE OCTOBER 2-6, MWF: 9 – 3; TUTH: 9 - 8 P.M.

Need a replacement blender, coffeemaker, pots 'n pans, lamp, comforter, table cloth or throw rug? Come shop with us ~ we have a great selection of things for the home! We'll even be open Tuesday and Thursday evening for this special sale!

WEDNESDAY, OCT. 4TH AT 7:00 P.M.

LOCATION: TADMUCK HOUSING- 66 TADMUCK ROAD

Join us for an international evening celebrating the autumn and moon. The Mid-Autumn festival is the second greatest festival in China and is also known as the Moon festival. At this time of the year the moon is at its roundest and brightest. To express they're thanks to the moon and celebrate the harvest, they offer a sacrifice to the moon on autumn days. Enjoy this gathering as family members gather to offer sacrifices and joyfully eat moon cakes and express strong yearnings toward family members and friends who live afar. Call 978-692-5523 to RSVP



FALL HARVEST FAIR

Saturday, Oct. 21, from 9 a.m. – 3 p.m.

Start your holiday shopping early, come enjoy a day of camaraderie and bring a friend! Sponsored by Friends of the Cameron, there's something for everyone: handmade crafts, artisan designs, jewelry, wonderful baked goods, antiques, raffles, silent auction, and more! All proceeds support programs and services of the Cameron Senior Center. Donations of raffle baskets, silent auction items or baked goods gratefully accepted. Vendors of new crafts, arts and handmade items are welcome to rent a table—just \$15! Call 978-692-5523 for an application.

**To view the complete Council On Aging
Newsletter please visit our website:**

www.westfordma.gov/coa and click on [Newsletters](#).