



HEALTHY WESTFORD COMMITTEE

November 6, 2018

6:00 pm

Westford Parks and Recreation Department

22 Town Farm Road, Building 18

Westford, MA 01886

*To support the community members of Westford
in improving their personal health and safety
and that of their households, public spaces and ecosystems.
- Mission, May 26, 2016*



AGENDA

- **Open Forum**
- **Approval of minutes: September 11, 2018**
- **Old Business:**
 - Follow up on Community Walk at Nab School on Oct. 20th
 - Discussion on what makes a walkable trail for people with disabilities.
- **New Business**
 - Task management, communication and promotion, *Lynn Tyndall*
 - Consider sending a letter to the Selectmen on paving paths to accommodate residents with disabilities.
 - A report and presentation on a three-part cooking program. *Lauren D'Agostino.*
 - The committee as a whole to consider meeting a minimum of 6 times a year, with sub committees meeting more often.
- **Working/Sub-Group Reports**
 - **Walkable Community**
(Will Darling, Gloria Gilbert, Carol Gumbart, Bill Harman, Lynn Tyndall, Don Galya,)
 - **Healthy Eating**
(Zac Cataldo, Megan Eckroth, Kristen Upham, Lauren D'Agostino)
 - **Litter Control**
(Alisha Hillam, Greer Getzen, Jeff Stephens, Michelle Collette)
- **Adjourn**