



## HEALTHY WESTFORD COMMITTEE

January 2, 2017

6:00 pm- 8:30 pm

Westford Parks and Recreation Department

22 Town Farm Road, Building 18

Westford, MA 01886

*To support the community members of Westford  
in improving their personal health and safety  
and that of their households, public spaces and ecosystems.*

*- Mission, May 26, 2016*

### AGENDA

- **Open Forum**
- **Approval of minutes: 11/21/2017**
- **New Business:**
  - **Consider letter in support of proposed Gold Award project by Girl Scout Kayla Schultz to develop a tick-born disease education lesson plan**
- **Working/Sub-Group break-out (approx. 30 minutes)**
  - **Walkable Community**  
(Chris Barrett, Will Darling, Gloria Gilbert, Carol Gumbart, Bill Harman, Lynn Tyndall)
  - **Healthy Eating**  
(Zac Cataldo, Megan Eckroth, Bruce Rosenberg, Kristen Upham)
  - **Litter Control**  
(Alisha Hillam, Greg Johnson, Jeff Stephens)
- **Working/Sub-Group review (approx. 5 minutes)**
- **Old Business:**
  - **Status of Circle Health grant application**
- **New Business:**
  - **Review regulations for the use of fertilizers on turf lawns:**
    - i. [Plant Nutrient Management by the Mass Dept. of Agricultural Resources \(MDAR\)](#)
    - ii. [UMass Extension Nutrient Management](#)
  - **Consider support of Sustainable Westford's screening of "[A Plastic Ocean](#)" (trailer linked)**
  - **Review "[Healthy Acton](#)" group webpage and consider inviting representative to present at future meeting**
  - **Establish CY 2018 meeting schedule**