

The Cameron Senior Center and the Westford Council on Aging telephone number is 978-692-5523. MISSION STATEMENT: The Cameron Senior Center is a community focal point where older adults come together for services and activities that reflect their experience and skills, respond to their diverse needs and interests, enhance their dignity, support their independence and encourage their involvement in and with the center and community.

COUNCIL ON AGING STAFF

*Joanne Sheehan
Director of Elder Services
Judith Ramirez
L.I.C.S.W./Social Worker
Annette Cerullo
Elder Outreach Coordinator
Victoria Johnson
Adult Supportive Day Program Coord.
Norma Antonetti, ASD Activities Coord.
Sandra Cullen, Office Manager
Claire France, Senior Assistant
Marjorie Hunter, Registrar
Jean Mahoney, Registrar
Eugene Jungbluth, Lead Van Driver-Admin.
Joyce Newton, Lead Van Driver-Dispatch
Marie Lawrence, Nutrition Site Manager
Mary Sudak, Evening Supervisor
Christopher Mitchell, Maintenance
Louis Gisetto, ASD Maintenance*

COUNCIL ON AGING BOARD MEMBERS

*Helena Crocker, Chair
Robert Tierney, Vice Chair
Nancy Cook, Clerk
Dorothy Hall
Cecilia Healy
Patricia Holmes
Ret. Chief George Rogers*

FRIENDS OF THE CAMERON OFFICERS

*Aurea Rondeau, President
George Rondeau, Vice President
Joyce Cederberg, Secretary
Marjorie Hunter, Treasurer
Marie Lawrence, Asst. Treasurer*

MEMORIAL DAY

The Cameron Senior Center will offer coffee and donuts at 8 AM, one hour prior to the Memorial Day Services on **Sunday, May 25th**. The Hour of Remembrance will be at the Town Common at 11 AM. Parade and services are at Noon. Rain date May 26th.

GAY NINETIES CELEBRATION

– The Council on Aging is pleased to once again sponsor the nineteenth annual Gay Nineties Celebration on **Monday, May 5th from 10 AM – 3 PM** at the Franco American Club. In celebration of Older Americans Month, this event honors those Westford elders who are ninety years of age and older. The afternoon will include a catered lunch served at 11:30 A.M., along with entertainment and raffles. **Call 978-692-5523 for space availability.** If you were born in 1918 or earlier please indicate your birth date when registering so you can be acknowledged. Our honored Westford guests age 90 and over are welcome to bring a guest and they will be seated at your table. Transportation is available. There is no charge for this special event. “This program is supported in part by a grant from the Westford Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency.”

YARD SALE

On **Saturday, June 21st from 8:00A.M to Noon** here at the Cameron. Tables may be rented for \$15 each. The proceeds will benefit The Friends of the Cameron Senior Center, Inc. Call 978-692-5523 for an application.

RESTAURANT REVIEW

Ladies, if you enjoy eating out and would like to do so with others, then join us on the last Wednesday of each month. Our next outing will be **May 28th at Tai Jasmine, 313 Littleton Rd. (Rte. 110) in Chelmsford at 11:30 A.M.** If you need to car pool please inform the receptionist when you call to pre register at 978-692-5523. Bon Appetit!

CONVERSATION AND SHORTCAKE!

Come join us here at the Cameron for fresh Strawberry Shortcake and lively conversation on **Thursday, June 19th from 12:30 – 1:30PM.** Limited seating; please pre-register for this by June 13th by calling 978-692-5523.

MEN'S BREAKFAST

The Cameron Senior Center will hold its next **Men's Breakfast on Tuesday, May 13 from 8AM to 9:30AM.** Breakfast will be served at **8:00AM** in our dining room. Please sign up for the breakfast by calling 978-692-5523 and join us for this monthly gathering. We look forward to seeing you here. If you have any questions, please call Judy Ramirez at 978-399-2325 or e-mail jramirez@westfordma.gov.

ADULT SUPPORTIVE DAY PROGRAM

The Adult Supportive Day Program is designed to provide a safe and fun environment for individuals that benefit from socializing and being around people. We have a lot of fun with seasonal activities. We are always looking for new volunteers. If you or someone you know would enjoy learning more about this program, please contact Victoria, Program Coordinator, at 978-692-0803.

REMINDER!!

On **May 12th** the **postage rates** will **increase** from forty-one (41) cents to **forty-two (42) cents.**

BREAD MAKING WITH DENALI

Come to a bread making workshop here at the Cameron on **Thursday, June 26th at 2:00 PM.** Denali will teach you how to make this easy, versatile and delicious no knead bread. Samples and recipes will be available. Also there is a special baking pan that will be available to purchase, the cost of the pan is \$40. Don't miss out on this tasty workshop! Please register for this **FREE** workshop by calling 978-692-5523.

WESTFORD ACADEMY PRIDE "SENIOR PROM"

Due to scheduling conflicts the "Senior Prom" will be postponed until late September or early October of this year. Please watch for more information in the coming months.

GARDEN PROJECT

Growing Places Garden Project, Inc., a non profit company, would like to build you a vegetable garden! If you are interested, they are now accepting applications for this year's gardens. Call them at 978-771-2377 or 978-598-3723 x0 or you can e mail them at staff@growingplaces.org

FRANCO DANCE FRIDAYS

Are back! Come join all your dance friends for Line dancing - Progressive and Country; Friday, May 2nd, from 7:00 – 11:00 PM at the Franco American Club, \$10 per person at the door. For more information call 978-413-1965.

ASK THE LAWYER

Free legal service is available to all Westford seniors age 60 and over by appointment on **Wednesday, May 7th from**

9 – 11:30 A.M. call 978-692-5523 to reserve a time with an Attorney from Attorney Leslie Madge's office.

REFLECTIVE HOUSE NUMBERING

It has been brought to the Westford Women's Club attention that many homes in Westford are without proper outside numbering. This is important to aid Fire and Rescue teams in locating someone in need of assistance in a timely manner during any emergency situation. If you are 65 years or older or disabled and need reflective numbering on a mailbox or next to your door, the Westford Women's Club and Girl Scouts would be more than happy to come and affix reflective numbers at no cost to you. We will install on a first come basis for the first 150 low income households to register with the Cameron Senior Center. If you feel you could benefit from this service please contact the Council on Aging at 978-692-5523 with your name, phone number and the exact house number to be posted on your house. You will receive a call as weather permits as to when the numbers will be posted on your home.

ASK THE BANKER!

☆New Program☆ A banker from **Northern Bank and Trust Co.** will be here at the Cameron on **Thursday, May 22nd from 9 – 11 AM** to help answer any questions you may have around your monthly statements, direct deposit, bill payments, etc. Please stop by and see them; they will be happy to help you with any and all of your banking needs, regardless if you are a customer or not! Light refreshments will be served. Next month a banker from the Enterprise Bank will be here.

POWER OF ATTORNEY

Attorneys from the law firm of Deschenes and Farrell will be here on **Tuesday, June 3rd, from 9 – 10 AM** to help you complete a

"Power of Attorney". Please pre-register for this by calling 978-692-5523. Refreshments will be available.

PODIATRY CLINIC AT CAMERON

Dr Weakland will be at Cameron on **Wednesday, June 11th at 1:00 PM.** The cost of the clinic is \$25. Appointments are necessary; please call 978-692-5523. The next clinic date will be Wednesday, August 6th.

MEET AND GREET

Jim Arciero will be here at the Cameron on **Wednesday, May 21st from 11 AM until 12 Noon.** He can help point you in the right direction for Beacon Hill issues.

ASK OUR REALTOR – Local real estate agents Patrice and Beth of William Raveis Real Estate will be here at the **Cameron on Monday May 12th, from 10:00 – 11:00 A.M.** to answer any questions or concerns you may have regarding real estate matters. Please sign up by calling 978-692-5523. Refreshments will be available.

TOWN MEETING & VOTING

We encourage all to attend Town Meeting on **Saturday, May 10th, 10:00AM** at the Abbot School. Don't forget to **Vote on Tuesday, May 6th.**

MEALS ON WHEELS

Are you homebound, age 60 and over, and unable to prepare a hot meal? Let us assist you Monday through Friday by delivering meals to your door around noontime. Call 1-888-820-5423 for more information.

BROWN BAG PROGRAM

Do you have a need for an extra bag of groceries each month? A brown bag of groceries is available for pick up each month for those who have pre-registered for this service at 978-692-5523. The brown bag

day for **May** will be **the 30th from 9 AM to 3 PM**. Delivery can be made if requested in advance.

FOOD PANTRY

The community Food Pantry is located at Cameron and staffed by volunteers. The dates for May are as follows:

- ❑ The third **Monday, May 19th**, from 1:00 - 3:30 pm.
- ❑ The third **Wednesday, May 21st**, and third **Thursday, May 15th**, from 8:30-11:30 am.

Birthday Gift Bags are available for families using our food pantry with a child's birthday that month. Pre-registration is suggested at 978-692-5523.

GOVERNMENT SURPLUS FOOD

Government Surplus Food is available for those who meet Fuel Assistance guidelines. Stop in Monday, Wednesday or Thursday, from 8 A.M. - 1P.M. and inquire at the Cameron front desk.

FOOD STAMPS – To apply for food stamp benefits call DTA at 1-800-249-2007 or visit their website at www.mass.gov/dta.

Approximate monthly income guidelines are: household of one person \$1,552; two person household \$2,082. Medical deductions will change your income eligibility.

EDUCATIONAL MEETING **SHIFTING GEARS – SAFE DRIVING FOR ELDERS**

On Tuesday May 6, 2008 from 10-11 A.M. Michele Ellicks, Community Outreach Coordinator, Registry of Motor Vehicles, will present this informative talk at the Chelmsford Senior Center. She will be discussing issues facing mature drivers, their families and caregivers. This program is sponsored by the Chelmsford and Westford COA'S Respite-Companion Program and is

open to the public. Refreshments will be served at 9:30.

MEDICAL INFORMATION

BLOOD PRESSURE & MORE:

These provide a blood pressure reading, medication review, weight check and an opportunity to have other concerns reviewed. Both screenings are held at **Cameron**. Dates and times are:

- Second Tuesday of the month, **May 13th**, 9:30-10:30 AM with the Board of Health.
- Fourth Wednesday of the month, **May 28th**, 8-10 AM with the Lowell VNA. .

SUPPORT GROUPS

- ✓ **ADULT DIABETES SUPPORT GROUP** meets at Saints Memorial Medical Center in Lowell. Call 978-934-8559 for more information.
- ✓ **ALZHEIMER'S & RELATED DEMENTIAS CAREGIVER SUPPORT GROUP** meets the fourth Wednesday of each month from 6-8 PM at The Inn at Robbins Brook, Route 27, Acton. For more information contact Judy at 978-399-2325 or jramirez@westfordma.gov.
- ✓ **ALZHEIMER'S CAREGIVER SUPPORT GROUP** meets the second and fourth Monday of each month from 1 – 2:30 PM at the Chelmsford Senior Center. For more information call 978-251-8491.
- ✓ **BEREAVEMENT SUPPORT GROUP** "You Are Not Alone" meets at the J.V. Fletcher Library, 50 Main St., Westford. The group meets on the second and fourth Thursday from 7-8 PM. Contact Cathy at 978-692-7424.
- ✓ **PARKINSON'S SUPPORT GROUP** meets the first and third Wednesday of each month, 2 – 4 PM at John Cummings Building, Donaldson Room at Emerson Hospital. For information contact Jerry at 978-443-5742 or joconnell@bentley.edu.

- ✓ PERIPHERAL NEUROPATHY SUPPORT GROUP meets at Lowell General Hospital in the Clark Auditorium. For more information contact Carol at 978-263-0484.

SHINE

If you need a SHINE (Serving the Health Information Needs of Elders) appointment to answer your health insurance questions please call the Cameron at 978-692-5523 and leave your name and phone number. The next scheduled date is **May 22nd**.

BOARD OF HEALTH CLINICS

Hearing & Hearing Aid Test

Appointments are required by calling the Board of Health at 978-692-5509. The next date is **May 19th, from 9:30-11:30AM** at the Cameron Senior Center. Future dates are June 16th and July 21st. Tests are Free and provided by Rogers Hearing Solutions.

DENTAL GRANT

The Director of Health Services in conjunction with the Director of Elder Services has been awarded funding from the Community Foundation to provide dental work to Westford seniors. If you would like to be considered for this program please contact us at 978-692-5523 for an application.

DENTAL HYGIENE CLINIC

At Middlesex Community College is available September – April for cleanings, cost is \$15.00 for those age 60 and over. Call 978-656-3250 for information and to make an appointment.

DID YOU KNOW???

Starting in May, the U.S. Treasury will begin sending **economic stimulus payments** to more than 130 million individuals. The IRS will use the 2007 tax return to determine eligibility and calculate

the basic amount of the payment. In most cases, the payment will be a minimum of \$300 to a maximum amount of \$600 for individuals and \$600 to \$1,200 for taxpayers filing jointly.

Qualifying income for these payments consists of earned income such as wages and net self-employment income as well as Social Security or certain Railroad Retirement benefits and veterans' disability compensation, pension or survivors' benefits received from the Department of Veterans Affairs in 2007. However, Supplemental Security Income (SSI) does not count as qualifying income for the stimulus payment.

- Those who have already filed a 2007 return reflecting qualifying income of \$3,000 or more do not have any additional filing requirements and do not need to do anything more to receive their payment.
- Those who are not required to file a 2007 return but whose total qualifying income including Social Security, certain Railroad Retirement and certain Veterans benefits would equal or exceed \$3,000 **should file a return reporting these benefits on Line 14a of Form 1040A or Line 20a of Form 1040** to establish their eligibility. Please note the form lines just mention Social Security, but use these lines even if your only benefits were Railroad Retirement or veterans' benefits. A packet should come in the mail with a sample form and instructions.

* The Outreach Department at the Cameron Senior Center will gladly help seniors complete these 1040A forms on **Thursday, May 22nd from 9:30 a.m. to 11:00 a.m.** Please call Annette at 399-2326 to set up an appointment.

ACTIVITIES

Cameron is closed on Monday, May 26th due to the Memorial Day Holiday. Confirm class dates with your instructors.

AEROBICS with Elaine. Wednesdays at 9AM and Fridays at 8:30 AM. The fee is \$3.00 per class.

ART CLASS with Stella. Wednesdays at 9 A.M. All mediums used. Cost is \$5 per class.

BINGO – Thursdays, 7-9:30 PM. Doors open ½ hour early. Transportation is available by calling 978-399-2322.

BOOKMOBILE

The J.V. Fletcher Library bookmobile is scheduled to stop at Cameron on **Wednesday, May 14th at 10:45AM.**

BOWLING – Wednesday 9:15 AM at Brunswick Lanes in Lowell. Call Mary at 978-692-6867 for more info.

MEN'S BREAKFAST Held on the second Tuesday of each month. The next breakfast will be on **Tuesday, May 13th at 8 AM.** Pre-register at 978-692-5523.

CONTRACT BRIDGE

With Instruction: Tuesday afternoon's Bridge group has a new instructor, Bert Chang, he will help us understand and improve our game. Beginners and new players are welcomed. Class will meet weekly on Tuesday's from 1:00 3:00 PM. There will be a fee of \$1.00. If interested call 978-692-5523 to register.

Advanced Players: meet on Fridays from 12:30 – 4:00 PM.

BUSY FINGERS – This group meets every Monday & Wednesday, 1-3 P.M. to make

knitted and crocheted items. Great conversation!

CANASTA – has a lively and fun group that currently plays every Thursday from 1:00-3:30 P.M. Feel free to join us.

CERAMICS with Carol every Monday at 9:30 A.M. The fee is \$5.00 per class. Come and join us.

“CHEER” Chair Movement - Tuesday and Thursday 10:45 – 11:30 A.M.... This is our popular gentle exercise class that includes all elements of Body Conditioning and Aerobic Activity, breathing techniques, stretching, toning and gentle core muscle workout. Hand weights and stretch bands maybe used and are provided as well as optional for the participant. The fee is \$3.00 per class.

COMPUTER INSTRUCTION

All levels of individual and group instruction available on Thursdays starting at 9:00AM at the Cameron. Appointments needed, please call to schedule time 978-692-5523. Fee is \$5 per class. Alternate day may be available.

CONGREGATE MEAL SITE

The Merrimack Valley Nutrition Program provides anyone age 60 and over, or couples with one partner having reached the age of 60, with low cost nutritional meals at Cameron, Monday – Friday at 11:30 AM. Call 978-692-4480 a minimum of two days in advance between 10:00 - 11:00 AM to make your reservation. The donation is \$2.00.

CRIBBAGE – Meets every week on Wednesdays, from 1:00 to 3:00 PM.

LINE DANCING WITH ELLEN

Tuesdays, Beginners from 1:30-2:00 PM and Advanced Beginners from 2:00 – 3:00

PM. Sign up for these FREE, fun classes by calling 978-692-5523.

MUSIC MAKERS - at the Cameron meets **Fridays from 9-10:30 A.M.** under the direction of Ann. New members are always welcomed.

POOL TABLES are available for your use Monday-Friday 8 AM -4 PM.

RED HAT SOCIETY - for info on upcoming events, call Carol at 978-692-6084.

SCRABBLE
The group plays on Tuesday afternoons from 1:00 PM to 3:30 PM. More players are welcome.

TAI-CHI
FREE one hour classes at Plum Blossom Academy, 222 Great Road #13, Littleton every Wednesday at 10:00 AM for people 65 or older. They can be reached at 978-486-3095.

WALKING GROUP
We meet at the Cameron every Wednesday and Friday at 8:00 AM. Come join us! If it is raining we will not be walking.

SPRING QUILT SHOW
Chelmsford Quilters' Guild quilt show will be on Friday, May 16th from 12 noon to 8 PM and Saturday May 17th from 9 AM to 4 PM at All Saints' Episcopal Church, 10 Billerica Road, Chelmsford. Admission is \$5.00 per person. More information call 978-692-7244 or 978-433-8312.

TRANSPORTATION
We travel in Westford and to all of the surrounding towns, as well as Lowell, Concord, Ayer and Billerica. We also provide transportation on **Thursday evenings** to and from Bingo at the Cameron

Senior Center. **During the month of May we will be going to the Pheasant Lane Mall on the 12th and the 19th.**
Rides are booked on a first come basis, so call Joyce at **978-399-2322 (transportation desk)** as soon as you know that you will need a ride. The round trip ride fees are \$3 in Westford, \$4 for surrounding towns and \$6 outside the area. If you need to **cancel on the day of your ride** please call the front desk at 978-692-5523 so that the driver can be notified.

COMPANION & RESPITE CARE
For age 60 & over and/or disabled residents. This service provides supervisory care to allow the caretaker a time of rest. This service is available days, evenings, overnights and weekends, on a temporary or permanent basis. The cost is \$9.00 per hour. For more information call Pat or Lucille at the Chelmsford Senior Center at 978-251-8491.

SENIOR SOCIAL SERVICES
Our Social Worker is Judy, L.I.C.S.W. She is available for home and office visits, and interventions (in person or by phone) within the community, with a confidential and caring approach. Many of our seniors are homebound and they and their families may be unaware of the services that are available for them. Some examples that may be provided include securing in-home services, referrals to Day Programs, and crisis intervention. If you think Judy may be able to help you or anyone you believe is in need of her assistance, please call her at 978-399-2325 or e-mail jramirez@westforma.gov.

OUTREACH
The best part of my job is going out and meeting our seniors in town. With the arrival of spring (finally) I look forward to getting out more to do home visits. If you would like a visit or need any assistance

please call Annette, your Outreach Coordinator, at 978-399-2326 or email me at acerullo@westfordma.gov

FRIENDLY VISITOR PROGRAM

If you would like company a few times a month in the comfort of your home to socialize, reminisce or play games, please call Annette at 978-399-2326 to introduce you to a friendly visitor.

MEDICAL EQUIPMENT LOANER SERVICE

We offer durable medical equipment to our residents to borrow i.e. wheelchairs, tub seats, oxygen carts. Also available for the taking include packages of depends and various size pill boxes. Call the front desk for information, 692-5523.

HANDYMAN HELP

We are fortunate to have the dedication of a local semi retired man and a men's group from a local church who are willing to volunteer their time to our seniors. They can help with painting projects, carpet cleaning and small carpentry repairs in your home. If you are in need of some assistance please call Annette, the Outreach Coordinator, at 978-399-2326 to set up this service.

FINANCIAL INFORMATION

MONEY MANAGEMENT

We have money managers that are available to assist those 60 and older having difficulty writing checks and managing their bills. For more information call 978-399-2325

CTI NEEDS YOU!

If you would like to become an RSVP volunteer please give Joan at CTI a call at 978-654-5080 x 14. Signing up to become a volunteer does not add new commitments to the service you are already providing. It does allow you to track hours of service and

combine them with those of over 200 RSVP volunteers. We want to demonstrate that people 55 and up contribute an incredible amount of time in Greater Lowell, Sharing their experience and good will in literally dozens of ways.

MISCELLANEOUS WEIGHT WATCHERS

Classes will be on Tuesdays at 1:00 PM at the Cameron. The classes will begin when we have a minimum of 15 registered participants. This is a ten week program with a fee of \$130. Please register immediately at 978-692-5523.

VOLUNTEERS NEEDED!

We are in need of volunteers for the Bank of America Championship Golf Tournament from June 16th to June 22nd at Nashawtuc Country Club in Concord. This tournament raises money for local charities. No golf knowledge is needed. For more information call 978-266-0266 or www.BankofAmericaChampionship.com

ESMV GOLF TOURNAMENT

The Elder Services of the Merrimack Valley will be having its 2008 Annual Golf Tournament Friday, June 20th at the Merrimack Golf Course, 210 Howe Street, Methuen. Registration and continental breakfast at 7:30 AM and shotgun start at 8:00 AM. For more information call 800-892-0890, ext. 1467.

LAWYER REFERRAL SERVICE

The Massachusetts Bar Association will help you find the right lawyer for your needs. Just call toll free, 1-866-627-7577, or go to www.massbar.org.

TELEPHONE REASSURANCE

We are enlisting recipients in the Telephone Reassurance Program. Would you appreciate a friendly phone call on

occasion? Please call Judy at 978-399-2325 with your name and number if you would like to receive a reassurance call.

THRIFT & GIFT SHOP

Come visit the Cameron Thrift and Gift Shop and see all that we have to offer, from clothes and glass ware to jewelry! The shop is open to the general public on weekdays, from 9AM – 3PM.

GIFTS

The Roudenbush Community Center and the Friends of Cameron have produced a local cookbook. There are many historical pictures throughout. The \$10 cost benefits both organizations and is available at Cameron.

We also have for sale June Kennedy's "Westford Recollections of Days Gone By". The cost is \$29.95.

The Cameron School is part of the Cat's Meow collection. The sale of these pieces will benefit the Friends of the Cameron Senior Center, Inc. Cost is \$20 each.

The "Cameron Note Cards" are now available. We will be selling packages of eight note cards and envelopes for \$3.00 per package.

INDIAN HILL ARTS

"BACH'S LUNCH" CONCERT: Indian Hill Music School presents soprano Nancy Howells with pianist Michelle Kelley in a program of French works: **Thursday, May 15, noon - 1 pm**, Indian Hill Music, 36 King Street, Littleton. FREE and open to the public. Coffee, tea and cookies served; bring your lunch. For more information on this event or other planned events in May call (978) 486-9524 or visit www.indianhillmusic.org.

EMPLOYEE OF THE MONTH

Congratulations to **Gilbert Urizandi**, our May employee of the month. Gilbert is one of our van drivers. He is friendly and does a great job! **Thank You, Gilbert!**

PAT ON THE BACK WINNER

Congratulations to **Paul Berry**, our May Pat on the Back winner. He has volunteered for many years at the Cameron front desk on Thursdays. **Thank You, Paul!** Please feel free to nominate someone you want to thank for his or her volunteer work.

CAMERON WISH LIST

We are in need of one cent stamps and costume jewelry for our thrift shop. Thank you for all your support!

DAY TRIPS

Call 978 692-5523 for reservation and information on the following trips. Payment is due upon signing up for a trip. Please only register for self and spouse/companion for the trip.

Tuesday, May 20th, "Mohegan Sun"
Buckingham Motor Coach departs Cameron at 7:30 A.M., fee \$25, due at time of sign up. Receive bonus and food coupon. Deadline for payment is May 16th.

June 13th – "The Boston Pops" with Keith Lockhart. Fox Motor Coach departs Cameron at 4:15 PM with a visit to Copley Plaza and Prudential Shops prior to arrival at Symphony Hall. Return home at 11:00 PM. Cost is \$69.00 per person.

June 25th – "Fenway Park Tour" with a luncheon to follow at the "No Name Restaurant." The day also includes a tour of U.S.S. Constitution, "Old Ironsides" and a visit to Quincy Market. Fox motor coach will depart the Cameron at 8:30 AM and return home at 5:30 PM. Cost is \$59.00 per

person. You may want to take your children or grandchildren on this fun and interesting day in Beantown!

Tuesday, July 22nd, “Hyannis Harbor Cruise”, Brush Hill Tours, Motor Coach departs Cameron at 7:45 AM and returns at approx. 5:30 PM fee of \$51.00 (includes driver tip) is due at sign up. Trip includes Hyannisport Harbor Cruise, Buffet Luncheon and a stop at the Sagamore Christmas Tree Shop.