

*The Cameron Senior Center and the Westford Council on Aging telephone number is 978-692-5523. **MISSION STATEMENT:** The mission of the Council on Aging is to promote physical, emotional, and economic well-being of older adults and to promote their participation in all aspects of community life.*

### **COUNCIL ON AGING STAFF**

Joanne Sheehan  
Director of Elder Services  
Judith Ramirez  
L.I.C.S.W./Social Worker  
Annette Cerullo  
Elder Outreach Coordinator  
Victoria Johnson  
Adult Supportive Day Program Coord.  
Norma Antonetti, ASD Activities Coord.  
Sandra Cullen, Office Manager  
Claire France, Senior Assistant  
Marjorie Hunter, Registrar  
Jean Mahoney, Registrar  
Joan Hayward, Registrar  
Eugene Jungbluth, Lead Van Driver-Admin.  
Joyce Newton, Lead Van Driver-Dispatch  
Marie Lawrence, Nutrition Site Manager  
Mary Sudak, Evening Supervisor  
Christopher Mitchell, Maintenance  
Louis Gisetto, ASD Maintenance

### **COUNCIL ON AGING BOARD MEMBERS**

Helena Crocker, Chair  
Robert Tierney, Vice Chair  
Nancy Cook, Clerk  
Dorothy Hall  
Cecilia Healy  
Patricia Holmes  
Ret. Chief George Rogers

### **FRIENDS OF THE CAMERON OFFICERS**

Aurea Rondeau, President  
George Rondeau, Vice President  
Joyce Cederberg, Secretary  
Marjorie Hunter, Treasurer  
Marie Lawrence, Asst. Treasurer

### **FEBRUARY LUNCHEON**

Tired of the cold weather? We have just the solution. Please join us for a luncheon to celebrate **Valentine's Day on Thursday, February 14<sup>th</sup> from 10AM-2PM at the Franco-American Club.** Lunch (Turkey Dinner) will be prepared by Shirley Caterers and served around Noon. Entertainment will be provided by some members of "The Comeback Kids". Call for reservations by February 6<sup>th</sup> at 978-692-5523. A \$7 fee is due at registration time. We hope to see you there!

### **CITIZEN'S ENERGY**

☆**New Information:** Applications are being taken through February at the Toll Free number 877-563-4645 for 100 gallons of free oil. You must be able to take the delivery by March 31<sup>st</sup>. Approved participants will receive a voucher.

### **SHOVELING, PLOWING OR SANDING**

Do you have a neighbor who may not be able to shovel or needs to be snow plowed? If you or a family member is able bodied, we know that our Senior Citizens would appreciate your assistance.

### **REFLECTIVE HOUSE NUMBERING**

It has been brought to the Westford Women's Club attention that many homes in Westford are without proper outside numbering. This is important to aid Fire and Rescue teams in locating someone in need of assistance in a timely manner during any emergency situation. If you are 65 years or older or disabled and need reflective numbering on a mailbox or next to your door, the Westford Women's Club and Girl Scouts would be more than happy to come and affix reflective numbers at no cost to

you. We will install on a first come basis for the first 150 low income households to register with the Cameron Senior Center. If you feel you could benefit from this service please contact the Council on Aging at 978-692-5523 with your name, phone number and the exact house number to be posted on your house. You will receive a call as weather permits as to when the numbers will be posted on your home.

### **ASK THE BANKER!**

☆New Program☆ A banker from **Northern Bank and Trust Co.** will be here at the Cameron on **Thursday, February 28<sup>th</sup> from 9 – 11 AM** to help answer any questions you may have around your monthly statements, direct deposit, bill payments, etc. Please stop by and see them; they will be happy to help you with any and all of your banking needs, regardless if you are a customer or not! Light refreshments will be served. Future months look for a banker from the Enterprise Bank and Middlesex Savings Bank.

### **MEN'S BREAKFAST**

Our next Men's Breakfast will be held on **Tuesday, February 12th at 8:00AM**. This month's speaker will be **Dana Owens, Vice President, Habitat for Humanity Greater Lowell**. As you might have read in the paper, Habitat for Humanity is about to build its first house in Westford. More important, this house will be a greener build making it high energy and an environmentally friendly construction. Later in the Spring Westford residents might want to have a site visit to see the house and its construction. Dana will be talking about how Habitat for Humanity works, the selection process, what it means to do sweat equity, the fee structure (it's not free) and he will explain green construction - what it is and how it works. **Please sign up for the breakfast by calling 978-692-5523** or e-

mail [jramirez@westfordma.gov](mailto:jramirez@westfordma.gov) so we can plan for food and handouts from the speaker.

### **ASK THE LAWYER**

Attorney Douglas C. Deschenes of Deschenes and Farrell, P.C. is excited to present a free seminar on “Tips for Protecting Yourself against Identity Theft”. This seminar will be held at the Cameron on **Tuesday, February 5<sup>th</sup>, from 9 – 10 AM**. Please pre-register by calling 978-692-5523. Refreshments will be available.

### **INCLEMENT WEATHER**

If due to poor weather conditions the Westford School System is closed, the Cameron Senior Center will not be open for activities. Be safe and call ahead at 978-692-5523. In the event of a prolonged power outage or extremely unusual weather conditions caused by storms, the Blanchard Middle School on West Street will be utilized as a shelter for any person that may be in need of this service. Call the Police at 978-692-2161 if you need their assistance.

### **RESTAURANT REVIEW**

Ladies, if you enjoy eating out and would like to do so with others, then join us on the last **Wednesday** of each month. Our next outing will be on **February 27<sup>th</sup>** Restaurant location to be determined. We'll meet in the Cameron Senior Center lobby at **11:45 AM** for car pooling and “head count” purposes and then we'll leave for the restaurant at 12 Noon. If interested please pre-register at the front desk at 978-692-5523 by Friday, February 22<sup>nd</sup>. Bon Appetit!

### **ST. PATRICK'S DAY LUNCHEON**

Come out and join us for our annual **St. Patrick's Day Luncheon on Tuesday, March 18th, from 10:00AM–2PM** at the Franco American Club. We will be having corned beef and cabbage. Entertainment will be provided by “Glenshane Irish Folk Duo” Reserve your seat at 978-692-5523; a \$7 fee

is due at registration. Deadline is March 11<sup>th</sup>.

### **HABITAT FOR HUMANITY**

A non-profit Christian organization is building a house in Westford. They are in the process of accepting families to partner with for this affordable land. Volunteers are also needed to work on this great project. To learn more phone 978-454-1046, e-mail [familyselection@lowellhabitat.org](mailto:familyselection@lowellhabitat.org) and visit the website: [www.lowellhabitat.org](http://www.lowellhabitat.org).

### **FREE WOOD**

Habitat for Humanity is beginning to clear a lot in Nabnasset to build a home. The wood is being offered to Seniors locally who can use it. Students at Westford Academy will deliver it to your home. To learn more call Habitat at 978-454-1046.

### **PODIATRY CLINIC AT CAMERON**

Dr Weakland will be at Cameron on **Wednesday, February 13<sup>th</sup> at 1:00 PM.** The cost of the clinic is \$25. Appointments are necessary; call 978-692-5523. The next clinic date will be Wednesday, April 2<sup>nd</sup>.

### **MEET AND GREET**

**Jim Arciero**, District Director for Senator Panagiotakos, will be happy to speak with you about your thoughts and concerns about the happenings on Beacon Hill. Jim will be here at the Cameron on **Wednesday, February 20<sup>th</sup>, from 11:00 AM until 12 Noon.**

**ASK OUR REALTOR** – Local real estate agent Kathy Cunningham, from Coldwell Banker will be here at the **Cameron on Monday February 11<sup>th</sup>, from 10:00 – 11:00 A.M.** to answer any questions or concerns you may have regarding real estate matters. Please sign up by calling 978-692-5523. Refreshments will be available.

### **MEALS ON WHEELS**

Are you homebound, age 60 and over, and unable to prepare a hot meal? Let us assist you Monday through Friday by delivering meals to your door around noontime. Call 1-888-820-5423 for more information.

### **BROWN BAG PROGRAM**

Do you have a need for an extra bag of groceries each month? A brown bag of groceries is available for pick up each month for those who have pre-registered for this service at 978-692-5523. The brown bag day for **February** will be **Friday, the 29<sup>th</sup> from 9 AM to 3 PM.** Delivery can be made if requested in advance.

### **FOOD PANTRY**

The community Food Pantry is located at Cameron and staffed by volunteers. The dates for February are as follows:

- ❑ The fourth **Monday February 25<sup>th</sup>**, from 1:00 - 3:30 pm.
- ❑ The third **Wednesday, February 20<sup>th</sup>**, and third **Thursday, February 21<sup>st</sup>**, from 8:30-11:30 am.

**Birthday Gift Bags are available for families using our food pantry with a child's birthday that month. Pre-registration is suggested at 978-692-5523.**

### **GOVERNMENT SURPLUS FOOD**

Government Surplus Food is available for those who meet Fuel Assistance guidelines. Stop in Monday, Wednesday or Thursday, from 8 A.M. - 1P.M. and inquire at the Cameron front desk.

**FOOD STAMPS** – To apply for food stamp benefits call DTA at 1-800-249-2007 or visit their website at [www.mass.gov/dta](http://www.mass.gov/dta). Approximate monthly income guidelines are: household of one person \$1,552; two person household \$2,082. Medical deductions will change your income eligibility.

## EDUCATIONAL MEETING

Health Insurance-Money Saving Programs: Susan Cripps, SHINE (Serving the Health Information Needs of Elders) Manager at Elder Services of Merrimack Valley, will tell us ways to save money when purchasing drugs and will also discuss other money saving programs available to Medicare beneficiaries. Make sure you're not spending more than you need to! This talk, sponsored by Respite-Companion Care, will take place at the Chelmsford Senior Center from 10 – 11 AM on Friday, February 8, 2008, with refreshments available after 9:30 AM. Open to the public. Save the date!

## MEDICAL INFORMATION

### BLOOD PRESSURE & MORE:

These provide a blood pressure reading, medication review, weight check and an opportunity to have other concerns reviewed. Both screenings are held at **Cameron**. Dates and times are:

- Second Tuesday of the month, **February 12<sup>th</sup>**, 9:30-10:30 AM with the Board of Health.
- Fourth Wednesday of the month, **February 27<sup>th</sup>**, 8-10 AM with the Lowell VNA. .

## SUPPORT GROUPS

- ✓ ADULT DIABETES SUPPORT GROUP meets at Saints Memorial Medical Center in Lowell. Call 978-934-8559 for more information.
- ✓ ALZHEIMER'S & RELATED DEMENTIAS CAREGIVER SUPPORT GROUP meets the fourth Wednesday of each month from 6-8 PM at The Inn at Robbins Brook, Route 27, Acton. For more information contact Judy at 978-399-2325 or [jramirez@westfordma.gov](mailto:jramirez@westfordma.gov).
- ✓ ALZHEIMER'S CAREGIVER SUPPORT GROUP meets the second and fourth Monday of each month from 1 – 2:30 PM

at the Chelmsford Senior Center. For more information call 978-251-8491.

- ✓ BEREAVEMENT SUPPORT GROUP "You Are Not Alone" meets at the J.V. Fletcher Library, 50 Main St., Westford. The group meets on the second and fourth Thursday from 7-8 PM. Contact Cathy at 978-692-7424.
- ✓ PARKINSON'S SUPPORT GROUP meets the first and third Wednesday of each month at John Cummings Building, Donaldson Room, ground floor at Emerson Hospital in Concord, MA, 2-4 p.m. Participants are clients with Parkinson and or caregivers. All are welcome. For information contact Jerry at 978-443-5742 or [joconnell@bentley.edu](mailto:joconnell@bentley.edu).
- ✓ PERIPHERAL NEUROPATHY SUPPORT GROUP meets at Lowell General Hospital in the Clark Auditorium. For more information contact Carol at 978-263-0484.

## SHINE

If you need a SHINE (Serving the Health Information Needs of Elders) appointment to answer your health insurance questions please call the Cameron at 978-692-5523 and leave your name and phone number.

## PART D NEW INFORMATION

Enrollment for the Medicare Part D prescription drug plans ended December 31, 2007. Fortunately, Massachusetts residents can still join a Medicare Part D plan by enrolling in Prescription Advantage, the state's pharmacy assistance program. Medicare allows Prescription Advantage members to join a Medicare plan without having to wait until next November. If you are concerned about added cost, you will be happy to know that there is no charge for Prescription Advantage for members with an annual income less than \$30,630 for a single person and \$41,070 for a married couple. And, depending on your

income and the Medicare prescription drug plan you choose, Prescription Advantage may help pay all or part of your Medicare prescription drug plan's monthly premium, deductible and drug co-payments. There is no reason not to have coverage for your prescription drugs. Call Prescription Advantage today for an application form. You can reach Prescription Advantage Customer Service toll-free at 1-800-AGE-INFO (1-800-243-4636) or TTY for the deaf and hard of hearing at 1-877-610-0241.

### **ADULT SUPPORTIVE DAY PROGRAM**

The Westford COA Adult Supportive Day Program is designed to provide a safe and fun environment for individuals that benefit from socializing and being around people. We have a lot of fun with seasonal activities. We are always looking for new volunteers. If you or someone you know would enjoy learning more about this program located at 65 Tadmuck Road, please contact Victoria, Program Coordinator, at 978-692-0803.

### **BOARD OF HEALTH CLINICS** **Hearing & Hearing Aid Test**

Appointments are required by calling the Board of Health at 978-692-5509. The next date is **February 19<sup>th</sup>, from 9:30-11:30AM** at the Cameron Senior Center. Future dates are March 17<sup>th</sup> and April 22<sup>nd</sup>. Tests are Free and provided by Rogers Hearing Solutions.

### **DENTAL GRANT**

The Director of Health Services in conjunction with the Director of Elder Services has been awarded funding from the Community Foundation to provide dental work to Westford seniors. If you would like to be considered for this program please contact us at 978-692-5523 for an application.

### **DENTAL HYGIENE CLINIC**

At Middlesex Community College is available September – April for cleanings, cost is \$15.00 for those age 60 and over. Call 978-656-3250 for information and to make an appointment.

### **DID YOU KNOW???**

If you are worried about being able to pay your gas or electric heating bills this winter than here are some ideas: contact your utility company to set up budget billing which evens out your energy costs over 12 months, set up payment plans for overdue bills and inquire with your company if you are eligible for utility discount rates. You may also apply for the Low Income Home Energy Assistance Program (LIHEAP) also known as Fuel Assistance by calling the COA at 978-692-5523; apply for the Good Neighbor Energy Fund through Salvation Army at 978-458-3396 or Citizens Energy at 877-563-4645 during February. Note: There is a winter moratorium in place every year from November 15 to March 15, during which gas and electric companies cannot shut off service because of inability to pay!

### **ACTIVITIES**

**Cameron is closed on Monday, February 18<sup>th</sup>, due to the Presidents' Day Holiday. Confirm class dates with your instructors.**

AEROBICS with Elaine. Wednesdays at 9AM and Fridays at 8:30 AM. The fee is \$3.00 per class.

ART CLASS with Stella. Wednesdays at 9 A.M. All mediums used. Cost is \$5 per class.

BINGO – Thursdays, 7-9:30 PM. Doors open \_ hour early. Transportation is available by calling 978-399-2322. **In case of inclement weather, call before 4 P.M.**

### BOOKMOBILE

The J.V. Fletcher Library bookmobile is scheduled to stop at Cameron on **Wednesday, February 20<sup>th</sup> at 10:45AM.**

BOWLING – Wednesday 9:15 AM at Brunswick Lanes in Lowell. Call Mary at 978-692-6867 for more info.

MEN'S BREAKFAST Held on the second Tuesday of each month. The next breakfast will be on **Tuesday, February 12<sup>th</sup> at 8 AM.** Pre-register at 978-692-5523.

CONTRACT BRIDGE - Tuesday's group is open to all levels and new players are encouraged to join from 1:00 – 4:00 PM. Advanced players meet on Fridays from 12:30 – 4:00 PM.

BUSY FINGERS – This group meets every Monday & Wednesday, 1-3 P.M. to make knitted and crocheted items. Great conversation!

CANASTA – has a lively and fun group that currently plays every Thursday from 1:00-3:30 P.M. Feel free to join us.

CERAMICS with Carol every Monday at 9:30 A.M. The fee is \$5.00 per class. Come and join us.

“CHEER” Chair Movement - Tuesday and Thursday 10:45 – 11:30 A.M.... This is our popular gentle exercise class that includes all elements of Body Conditioning and Aerobic Activity, breathing techniques, stretching, toning and gentle core muscle workout. Hand weights and stretch bands maybe used and are provided as well as optional for the participant. The fee is \$3.00 per class.

### COMPUTER INSTRUCTION

All levels of individual and group instruction available on Thursdays starting

at 9:00AM at the Cameron. Appointments needed, please call to schedule time 978-692-5523. Fee is \$5 per class. Alternate day may be available.

### CONGREGATE MEAL SITE

The Merrimack Valley Nutrition Program provides anyone age 60 and over, or couples with one partner having reached the age of 60, with low cost nutritional meals at Cameron, Monday – Friday at 11:30 AM. Call 978-692-4480 a minimum of two days in advance between 10:00 - 11:00 AM to make your reservation. The donation is \$2.00.

CRIBBAGE – Meets every week on Wednesdays, from 1:00 to 3:00 PM.

INDIAN SENIOR GATHERING – senior citizens from our Indian community will be gathering at Cameron on a monthly basis. This month they will meet on **Tuesday, February 26<sup>th</sup> from 11 A.M. – 1 P.M.** e-mail Purna at [pbtula@gmail.com](mailto:pbtula@gmail.com)

### LINE DANCING WITH ELLEN

**Tuesdays, from 2:00-3:00 PM.** Sign up for this FREE class by calling 978-692-5523.

MUSIC MAKERS - at the Cameron meets **Fridays from 9-10:30 A.M.** under the direction of Ann. Resuming rehearsals on Friday, February 8, 2008.

POOL TABLES are available for your use Monday-Friday 8 AM -4 PM.

RED HAT SOCIETY - for info on upcoming events, call Carol at 978-692-6084.

### SCRABBLE

The group plays on Tuesday afternoons from 1:00 PM to 3:30 PM. More players are welcome.

### TAI-CHI

FREE one hour classes at Plum Blossom Academy, 222 Great Road #13, Littleton every Wednesday at 10:00 AM for people 65 or older. They can be reached at 978-486-3095.

### TRANSPORTATION

We travel in Westford and to all of the surrounding towns, as well as Lowell, Concord, Ayer and Billerica. We also provide transportation on **Thursday evenings** to and from Bingo at the Cameron Senior Center. **During the month of February we will be going to the Pheasant Lane Mall on the 11<sup>th</sup> and the 25<sup>th</sup>.**

Rides are booked on a first come basis, so call Joyce at **978-399-2322 (transportation desk)** as soon as you know that you will need a ride. The round trip ride fees are \$3 in Westford, \$4 for surrounding towns and \$6 outside the area. If you need to **cancel on the day of your ride** please call the front desk at 978-692-5523 so that the driver can be notified.

### COMPANION & RESPITE CARE

For age 60 & over and/or disabled residents. This service provides supervisory care to allow the caretaker a time of rest. This service is available days, evenings, overnights and weekends, on a temporary or permanent basis. The cost is \$9.00 per hour. For more information call Pat or Lucille at the Chelmsford Senior Center at 978-251-8491.

### SENIOR SOCIAL SERVICES

Our Social Worker is Judy, L.I.C.S.W. She is available for home and office visits, and interventions (in person or by phone) within the community, with a confidential and caring approach. Many of our seniors are homebound and they and their families may be unaware of the services that are available for them. Some examples that may be

provided include securing in-home services, referrals to Day Programs, and crisis intervention. If you think Judy may be able to help you or anyone you believe is in need of her assistance, please call her at 978-399-2325.

### OUTREACH

Thank you so much to those of you who responded last month to a “reading” request to meet the needs of a gentleman in town. When people are willing to reach out and help one another you build a sense of community. Westford is a wonderful community and I feel fortunate to serve here. If you would like a visit, have needs or concerns you need help addressing, please call Annette at 978-399-2326.

### LEARN ENGLISH

We have another opportunity for Chinese speaking seniors to learn the English language. Weekly classes will resume in early February and are held at the Westford Academy. If you are interested, please contact Annette at 399-2326.

### NEW ACTIVITY IDEAS

We are trying to start some new activities here at the center. If you have any interest in attending or teaching any of the following ideas genealogy, scrap booking, quilting, crafts or sewing let us know. We currently have a few people interested in the quilting/sewing and genealogy classes but we would like a few more. Please call Annette at 978-399-2326 to learn more and sign up.

### PET ASSISTANCE

We are fortunate to have a local student who is willing to assist seniors with pet care. If you are a pet owner and could use some help with walking or caring for your cat or dog these winter months then she may be able to help you. We also have pet food available

in our food pantry. If you would like more information, contact Annette at 978-399-2326.

### **INCOME TAX HELP**

Hal, the volunteer tax expert, will be back this year to help you complete and electronically file your 2007 federal and Massachusetts income tax returns. This is a free service sponsored by AARP. Please call the Senior Center at 978 692-5523 to schedule an appointment. Hal has all the tax forms that are needed to be filled out – you do not need to bring any blank forms with you. If you are filing a Massachusetts return for the Circuit Breaker refund it is important to mention that when you call for an appointment.

#### **What to bring with you:**

- Your W-2s, SSA-1099s, and 1099s (DIV, INT, B, G, MISC, etc)
- Your MA 1099-HC (this is a new form).
- The amount of state and federal estimated tax payments that you made.
- The quarterly property tax bills that you paid in calendar year 2007 (bring all four bills).
- The water bills that you paid in calendar year 2007 (bring all four bills).
- Your 2006 federal and state tax return.
- If you sold any stock or bonds, bring the date that you bought the stock or bonds and the amount that you paid for them.
- If you have any mutual fund, bring any information provided by the mutual fund concerning how much of the dividends are exempt from Massachusetts income tax.

### **PROPERTY TAX RELIEF**

Community Preservation Act (CPA) Exemption Applications are now available at the Assessors Office. You must complete this application to be exempt from the additional 3% placed on your property tax bill. We encourage all homeowners to go to the Assessors office to receive the CPA exemption application. The Assessors Office phone number is (978) 692-5504. They also currently offer exemptions for the Blind, Veterans, Tax Deferrals and persons who are over 70.

### **PROPERTY TAX EXEMPTION**

You may be eligible to reduce all or a portion of the taxes assessed your domicile if you meet the qualifications for one of the exemptions allowed under MA state law. The following groups of people may be eligible: Veterans with at least 10% service connected disability, or their surviving spouse, minor of deceased parent; blind; Senior Citizen age 70 or older. Your application must be filed in a timely manner or you lose all rights to an exemption (3 months from postmark of January tax bill) and the Assessors office cannot by law, grant you one. Call the Assessors Office for more information or if you would like to apply. Karyn, Mary or Linda can be reached at 978-692-5504.

### **FUEL ASSISTANCE**

Fuel Assistance income eligibility guidelines are: annual income for a household family size of one - \$20,420 and family size of two – \$27,380. Call 978-692-5523 to set up a 45 minute appointment. You may qualify for heating repairs or cleaning along with energy saver appliances. When you call to schedule your appointment ask for the additional information that you will need to be mailed to you.

### **GOOD NEIGHBOR ENERGY FUND**

The fund is available to any qualified Massachusetts resident who is not eligible for state or federal fuel assistance, but due to financial difficulty, cannot meet a month's fuel expense. A one time payment of \$275 is available. To qualify, an applicant's gross household income must fall within these ranges:

**2007-2008 Guidelines for a family of:**

- 1: \$20,420. - 28,078.
- 2: \$27,380. - 37,648.
- 3: \$34,340. - 47,218.
- 4: \$41,300. - 56,788.

You must apply at the Salvation Army's office closest to you. The Lowell office is at 978-458-3396.

**WARM HANDS AND HEARTS**

For more information on how you may qualify for this energy program please call Community Teamwork at 978-459-0551.

**FREE ENERGY**

If you are approved for Fuel Assistance, you may also qualify for the following free energy program: **Weatherization:** Renters (excluding heat included in rent) and homeowners are eligible for this program. You may qualify to have free insulation, weather-stripping and air sealing added to your home by Community Teamwork, Inc. approved contractors. All weatherization work is inspected by CTI'S Energy Advisors. For more information and to determine if you qualify call CTI at 978-459-6161.

**CIRCUIT BREAKER LAW**

**FILE INCOME TAXES**

This law allows eligible seniors age 65 or over whose property taxes (or 25% of rent) exceed 10% of their annual income and who meet other qualifying criteria, in Massachusetts to take a credit on their state income taxes for real estate taxes paid on Massachusetts residential property that they

rent, own or which they occupy as their principle residence. The 2007 tax year maximum credit or refund of \$900 with assessed valuation not greater than \$772,000 and a single household income with some exceptions not to exceed \$48,000 and married filing jointly not to exceed \$72,000. If you would like more information about this law, please contact the Massachusetts Department of Revenue's Customer Service Bureau at 1-800-392-6089. We encourage all to file taxes for 2007. You must file income tax to benefit for this credit even if you do not owe state income tax.

**MISCELLANEOUS**  
**SPRING DINNER/DANCE & SOCIAL**

Come on out to a dinner/dance and social at the Franco-American Club on Friday, April 18<sup>th</sup> from 7 – 11 P.M. Music will be provided by Chet Harnden. Tickets will be available at the Cameron on March 3<sup>rd</sup>.

**THRIFT & GIFT SHOP**

The Cameron Thrift and Gift Shop is open to the general public on weekdays, from 9AM – 3PM. The February **\$1.00 a bag sale** is now in progress. The sale features men's and women's clothing as well as children's wear and more. We will start collecting spring items beginning in late March.

**INDIAN HILL ARTS**

**"Bach's Lunch Concert"** - Indian Hill Music School presents soprano Nancy Howells with pianist Michelle Kelley: Thursday, February 21<sup>st</sup>, Noon - 1 PM, Indian Hill Music, 36 King Street, Littleton. FREE and open to the public. Coffee, tea and cookies served; bring your lunch. For more information call (978) 486-9524 or visit [www.indianhillmusic.org](http://www.indianhillmusic.org).

NOTE: In the event of inclement weather, please call us!

**EMPLOYEE OF THE MONTH**

Congratulations to **Barbara Greenslade**, our February employee of the month. Barbara is a substitute at the Adult Supportive Day Program and is ready to fill in at a moments notice. She is a great help. **Thank You, Barbara!**

### **PAT ON THE BACK WINNER**

Congratulations to **Tim Donovan**, our February Pat on the Back winner. He is very helpful to those who ride the van and assisting them with their errands. **Thank You, Tim!** Please feel free to nominate someone you want to thank for his or her volunteer work.

### **MEMORY TREE**

We will be leaving the Cameron Christmas tree up in order to honor the memories of deceased loved ones during the month of February. You can buy a "Memory Heart" from the Cameron front desk for \$2.00 and have it put on the tree with your loved ones name on it.

### **CAMERON WISH LIST**

We are in need of small boxes of (Sampler) chocolate candy, pant/skirt hangers, and napkins (everyday). Thank you for all your support.

### **DAY TRIPS**

**Call 978 692-5523 for reservation and information on the following trips. Payment is due upon signing up for a trip. Please only register for self and spouse/companion for the trip.**

#### **Tuesday, March 25, "Foxwoods"**

Price \$25, due at time of sign up. Motor Coach departs Cameron at 7:00 AM and leaves Foxwoods at 4:00 PM.

**Tuesday, April 22<sup>nd</sup>, "Aqua Turf's Give My Regards to Broadway"** Hartford, Conn. Transportation, meal and show, cost

\$64 p/person, departure time TBD. Registration and payment due by March 20, 2008.

### **EXTENDED TRIP**

**Call Mickey at 978-692-8259 for reservations and information on the following trip.**

**March 9-11, 2008 "Atlantic City" at the Hilton Hotel and Casino,** Round trip motor coach departs from Cameron at 7 A.M. \$20 in coins and free buffet coupon, discount coupons/souvenir. Cost is \$170. pp/double occupancy and singles \$250. Payment in full due prior to February 15<sup>th</sup>.